



Preston C of E  
Primary School

# PRESTON BULLETIN

*'Living Life to the Full'*



Friday 24 November 2023

Dear Parents/Carers,

It's been a very busy week with lots of children across the Federation out and about. At Preston, Bumblebees and Ladybirds enjoyed some Science and Geography fieldwork activities, in learning about seasonal changes. Throughout Tuesday, the children visited Tyrrel's Wood.

Over at Saxlingham, Hedgehogs are still talking about their recent visit to Gressenhall, and on Thursday this week, Owls have been to the Theatre Royal to watch the ballet.

Also this week, 4 children from across the Federation represented South Norfolk in the Norfolk School Games Final at Thetford Forest. The children did brilliantly to qualify and ran fantastically against a field of runners from across Norfolk. Congratulations to Bertie, Amber and Finley, and a special mention to Lucy who finished 2nd in her race! Wow! A huge thank you to parents/carers for supporting with transport and to Mrs Newson for cheering them on.

Yours sincerely,

Matt Walker

Executive Headteacher



When parking within the vicinity of the school, please be considerate of our neighbours and of other road-users.

Please park safely and legally without causing obstruction to driveways of neighbouring properties. The Highway Code states that you must not park opposite or within 10 metres of a junction. This is to allow drivers emerging from, or turning into, the junction a clear view of the road they are joining. It also allows them to see hazards such as pedestrians or cyclists at the junction.

## PRESTON CE VC PRIMARY SCHOOL

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Email: [officepreston@tasvalley.org.uk](mailto:officepreston@tasvalley.org.uk)

## SAXLINGHAM NETHERGATE CE VC PRIMARY SCHOOL

Church Hill, Saxlingham Nethergate,

NR15 1TD

Tel: 01508 499271

Email: [officesaxlingham@tasvalley.org.uk](mailto:officesaxlingham@tasvalley.org.uk)

Executive Headteacher: Mr M Walker

Email:

[head@tasvalley.org.uk](mailto:head@tasvalley.org.uk)



TOGETHER

WE CARE

WE LEARN

WE ACHIEVE

WE CELEBRATE



## RECEIVED A CERTIFICATE FOR THEIR TTRS ROCK STATUS

**April - Y3**

**logan - Y3**

**Isabelle - Y3**

**Summer - Y3**

**Max - Y3**

**Aston - Y3**

**Adam - Y5**

**lucy - Y3**

**Robyn - Y3**

**neave - Y3**

**Freya - Y4**

## MOST TIME SPENT PRACTISING

**Mia - Y2**

**lucy - Y3**

**Aiden S - Y5**

**Eliana - Y2**

**Freya - Y4**

**Adam - Y5**

**lewis - Y6**

**Max - Y3**

**Ella - Y4**

**Ethan B - Y6**



# Living Life to the Full



- Ladybirds: **Freddie** for always being kind and caring.
- Bumblebees: **Ivo** for being ready and prepared to learn at all times.
- Grasshoppers: **Lucy** for super achievement in the Norfolk Cross Country Championships.
- Caterpillars: **Amira** for great enthusiasm when drumming in the iRock assembly.
- Dragonflies: **Jonah** for an excellent drawing of an albatross.

## BEHAVIOUR FOR LEARNING

'demonstrating a fantastic attitude to learning and school life'

Ladybirds: **Willow C.**

Bumblebees: **Aiden**

Grasshoppers: **Megan**

Caterpillars: **Ionà**

Dragonflies: **Charlie**

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SCAN ME & LEARN MORE!

**SEND UPDATE from Ms Ladbrooke**

We had our first federation coffee morning of the school year at Preston to give opportunities to meet and make links with other parents. Thank you to the parents and our school governor, Anne Fry, for coming along.

We looked at the helpful links of the Just One Norfolk website and parents shared external agencies that have been helpful with financial support. Parents shared their experiences of finding support for out of school activities.

<https://www.justonenorfolk.nhs.uk/>

Our next coffee afternoon will be on Tuesday 6<sup>th</sup> February at Saxlingham Primary at 2pm.

**THANK YOU**

Thank you for your donations to Children in Need.  
We have raised a total of £172.





## Santa's Secret Stall

Friday 8 December



We're pleased to say that FOPPS will once again be running 'Secret Santa' in school on Friday 8 December. Children in the past have got enormous pleasure from being able to purchase a small gift for a loved one. For those of you new to this (or those needing a reminder), read on to discover how it works.

- We ask you to donate an item that would make an appropriate gift for a child to buy for a loved one - mum, dad, grandparent etc. Please bring items into school by Wednesday 6 December. We'd be grateful for wrapping paper and gift tags too if you can spare them.
- All gifts will be displayed for sale in our 'secret room'. No parents are allowed to peep!
- Children will be invited to come in to make a purchase during the school day. Younger children are helped by older children.
- Members of FOPPs will be on hand to help wrap and label presents so children are able to take home a secretly bought gift to put under the tree ready for Christmas day.
- Children should bring money to school on the day if you would like them to take part in this activity. Gifts are usually priced at 50p - £3 with most being in the £1 - £2 range.
- All proceeds to FOPPS - Friends of Preston Primary School (charity registration number 1047225), although we don't really see this as a fundraiser, rather an opportunity for the children to experience the joy of giving at Christmas.

## DIARY DATES



W/C 27th November

Y5 Bikeability

(please see email)

Monday 27th November:

Open Afternoon for Prospective Parents,  
2-3pm

Monday 4th December

Infant Nativity PM

Tuesday 5th December

Infant Nativity AM

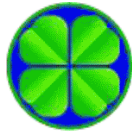
Friday 8th December:

Santa Dash and Christmas Jumpers

## FOPPS (friends of Preston Primary School) raffle, and refreshments



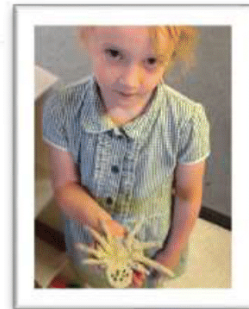
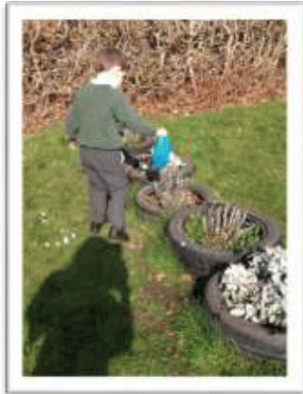
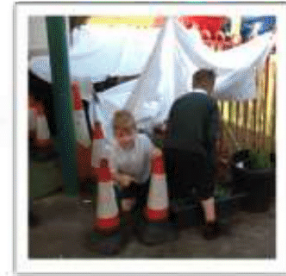
**Available at each nativity performance, please  
support if you can.**



Preston C of E Primary School

Calling prospective parents with children due to start school in September 2024! We would like to invite you to an open afternoon on

**Monday 27<sup>th</sup> November, 2-3pm**



This is a 'drop in' event—there is no need to make an appointment! There will be an opportunity for you to meet the Headteacher and the Early Years Staff. You will also be able to tour the school, see the classrooms and outdoor areas, and find out more about what we can offer in our very special Federation of schools where we support our pupils in 'Living Life to the Full'! We hope you will be able to join us! **Please contact the School Office for further information.**

Preston CEVC Primary School,  
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Website: [www.tasvalley.org.uk/prestonprimary](http://www.tasvalley.org.uk/prestonprimary)



# Long Stratton Community Christmas Event

Save the date

Friday 1st December 4pm till Late

Santa's Grotto  
Carol Singing  
Christmas Market  
Face painting  
Food and drinks  
Bingo  
Meet and greet characters  
Treasure Hunt  
Raffle  
Festive crafts

Watch this space for  
more surprises



FOR MORE INFORMATION



PLEASE SCAN HERE

Organised by local businesses with the  
support of Town Council





**norse**  
CATERING



*Fresh Ideas Feeding Minds*

# Autumn / Winter

**Menu 2023/24**

**We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using local and seasonal ingredients where possible!**

All poultry, pork and beef we use are traceable right back to the farm and sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website [www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for free school meals visit

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



[www.norsecatering.co.uk](http://www.norsecatering.co.uk)


Please note the menu may be subject to change to meet local needs.

## Week One

|                     | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|---------------------|--|--|---|--|--|
| Option 1            | Margherita Pizza with Tomato Pasta (v)   | Breaded Chicken Wrap with Potato Wedges and a Dip  | Roast Chicken with Stuffing and Roast Potatoes                                    | Beef Burrito Bake with Steamed Rice  | Breaded Fish Fingers   |
| Option 2            | Sweet Potato and Lentil Curry with Steamed Rice (v)                                      |  Plant Balls with Tomato Sauce and Pasta (Ve) | Vegemince Cottage Pie (v)   | Loaded Tomato and Bean Bake (v)  | Garden Vegetable Goujons (v)   |
| Served with         | Mixed Salad  | Peas and Sweetcorn   | Carrots, Cabbage and Gravy  | Mixed Vegetables   | Chips and Peas<br>or Baked Beans   |
| Jacket Potato       | Jacket Potato with Baked Beans   | Jacket Potato with Tuna Mayo   | Jacket Potato with Cheese   | Jacket Potato with Cheese and Beans  | Jacket Potato with Cheese  |
| And for Pudding     | Mixed Berry Mousse   | Cocoa Sponge with Cocoa Sauce  | Shortbread with Apple Wedges  | Fresh Fruit Selection  | Lemon Drizzle Cake   |
| Packed Lunch Option | Cheese<br>or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Mixed Berry Mousse | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Cocoa Cupcake                                    | Tuna Mayo<br>or Cheese Wrap, Carrot Sticks, Sultanas, Apple Wedges and Shortbread | Cheese<br>or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Fruit Yogurt | Vegetable Goujons<br>or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Lemon Drizzle Cake |

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

## Week Two

|                     | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|---------------------|--|---|---|---|--|
| Option 1            | Margherita Pizza with Potato Wedges (v)  | Chipolata Sausages  | Chicken Pie with Mashed Potato  | Chicken and Pesto Pasta   | Breaded Fish Fingers   |
| Option 2            | Tex Mex Chilli with Steamed Rice (v)   |  Plant-Powered Sausages (Ve) | Cheese and Potato Pie (v)   | BBQ Quorn Loaded Wedges (v)   | Baked Vegetable Burger (v)   |
| Served with         | Sweetcorn  | Hash Browns and Baked Beans   | Green Beans, Carrots and Gravy  | Mixed Vegetables  | Chips and Peas<br>or Baked Beans   |
| Jacket Potato       | Jacket Potato with Baked Beans   | Jacket Potato with Tuna Mayo  | Jacket Potato with Cheese   | Jacket Potato with Cheese and Beans   | Jacket Potato with Cheese  |
| And for Pudding     | Cocoa Krispie Cake   | Fresh Fruit Selection   | Fruit Jelly   | Oaty Apple Crunch   | Iced Sprinkle Cake   |
| Packed Lunch Option | Cheese<br>or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Krispie Cake | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Fruit Yogurt                    | Tuna Mayo<br>or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Jelly | Cheese<br>or Ham Sandwich, Cucumber Sticks, Cheese Straw, Apple Wedges and Flapjack | Vegetable Goujons<br>or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Iced Sprinkle Cake |

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

## Week Three

|                     | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---------------------|---|---|--|--|--|
| Option 1            | Margherita Pizza with Pesto Pasta (v)   | Chicken Curry with Steamed Rice   | Roast Beef with Yorkshire Pudding  | Pork and Carrot Meatballs with Tomato Sauce and Pasta  | Breaded Fish Fingers<br>or Salmon Fingers  |
| Option 2            | Sweet and Sour Quorn with Noodles (v)   | Cheesy Pasta (v)  | Plant Sausages with Yorkshire Pudding (v)  | Quorn Fajita Wrap with Steamed Rice (v)  | Cheese and Potato Pastry Pinwheel (v)  |
| Served with         | Mixed Salad   | Mixed Vegetables  | Mashed Potato, Peas, Carrots and Gravy   | Sweetcorn  | Chips and Peas<br>or Baked Beans   |
| Jacket Potato       | Jacket Potato with Baked Beans  | Jacket Potato with Tuna Mayo  | Jacket Potato with Cheese  | Jacket Potato with Cheese and Beans  | Jacket Potato with Cheese  |
| And for Pudding     | Cocoa Cupcake   | Vanilla Ice Cream   | Fresh Fruit Selection  | Autumn Apple Cake with Custard   | Flapjack with Orange Wedges  |
| Packed Lunch Option | Cheese<br>or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Cupcake | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Ice Cream Tub | Tuna Mayo<br>or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Yogurt | Cheese<br>or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Autumn Apple Cupcake | Vegetable Goujons<br>or Cheese Wrap, Carrot Sticks, Sultanas, Orange Wedges and Flapjack |

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar