

PRESTON BULLETIN

'Living Life to the Full'



Friday 1 December 2023

Dear Parents/Carers,

This week, we have seen some wintry weather, which certainly is making it feel slightly more festive as we move into Advent. Yesterday morning, the temperature at Saxlingham car park was –2.5 degrees when I arrived at school! Please make sure your children are equipped for the weather conditions: hats, scarves, gloves and boots are now in order!

It has been lovely to welcome the Year 5 children from Saxlingham to Preston to participate in their Level 2 Bikeability on-road cycling course. The children report that they had an enjoyable time— despite the heavy rain on Monday and the frosty weather later in the week. Many thanks to Simon and the Bikeability Team for providing this important opportunity.

This week, a number of teachers have been collaborating across the Federation to find out about learning in certain curriculum areas. Miss Smith and Mrs Elliot have been focusing on Maths and Mrs Singleton and Miss Braddock have been looking at History. All these staff have reported lots of positive findings about the children's learning in both schools.

As we move into next week, the program of festive events will gather pace, starting with the Preston Infant nativity performances early next week. We look forward to welcoming parents/carers into school to share in these events.



Yours sincerely,

Matt Walker Executive Headteacher



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RECEIVED A CERTIFICATE FOR THEIR

TTRS ROCK STATUS

Clemency – Y2	Max - Y3	Neave – Y3
logan – Y3	Seb – Y3	Summer – Y3
	Adam – Y5	
Arton – Y3	Skya – Y6	Neave – Y3
Damian - Y3	Ethan B – Y6	logan – Y5

MOST TIME SPENT PRACTISING

Mia – Y2	Clemency – Y2	Max - Y3		
	Ella – Y4			
logan – Y3	Adam – Y5	Damian – Y4		
Aiden S – Y5	Ozcar – Y6	Charlotte – Y6		



Ladybirds:	Ted for excellent progress in your phonics and your reading. Well done!	
Bumblebees:	Jaxson for making a super cozy den for a hibernating animal.	
Grasshoppers:	Evie-Mae for excellent progress in your phonics and your reading. Well done!	
Caterpillars:	Ethan for excellent effort to improve his writing.	
Dragonflies:	Edith for her wonderful efforts at swimming this week	
	Jenson for his wonderful efforts towards writing an ode.	

BEHAVIOUR FOR LEARNING

'demonstrating a fantastic attitude to learning and school life'

Ladybirds: Remy

Bumblebees: Eliana

Grasshoppers: Robyn

Caterpillars: Andrew

Dragonflies: Alfie



When parking within the vicinity of the school, please be considerate of our neighbours and of other road-users.

Please park safely and legally without causing obstruction to driveways of neighbouring properties. The Highway Code states that you must not park opposite or within 10 metres of a junction. This is to allow drivers emerging from, or turning into, the junction a clear view of the road they are joining. It

also allows them to see hazards such as pedestrians or cyclists at the junction.

As the roadworks continue within the area of Henry Preston Road, please allow additional time and remember that parking is restricted due to the ongoing construction.

SENDIASS NEWSLETTER

Please use this link to access the latest SENDIASS newsletter:

https://www.norfolksendiass.org.uk/news/newsletters/spotlightnov23-3/

DIARY DATES



Monday 4th December Tuesday 5th December Friday 8th December: Infant Nativity 2pm Infant Nativity 9.30am Santa Dash and Christmas Jumper Day (Donations in aid of Save the Children).

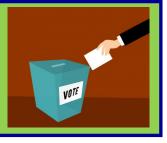
Children will need a change of shoes/wellies. They are welcome to wear a Christmassy jumper and hat for the Santa Dash.

Donations are welcome via our JustGiving page: <u>https://www.justgiving.com/page/tasvalleyfederation-</u> <u>christmasjumper2023</u>

Wednesday 13th December: Christmas Lunch

PARENT GOVERNOR VACANCY

As we received one nomination for the vacancy for Parent Governor, it is not necessary to hold an election. Many congratulations to Tara Gillam, who has joined the Governing Board. Tara's 3 children currently attend Saxlingham Primary School.







Santa's Secret Stall

Friday 8 December



We're pleased to say that FOPPS will once again be running 'Secret Santa' in school on Friday 8 December. Children in the past have got enormous pleasure from being able to purchase a small gift for a loved one. For those of you new to this (or those needing a reminder), read on to discover how it works.

- We ask you to donate an item that would make an appropriate gift for a child to buy for a loved one - mum, dad, grandparent etc. Please bring items into school by Wednesday 6 December. We'd be grateful for wrapping paper and gift tags too if you can spare them.
- All gifts will be displayed for sale in our 'secret room'. No parents are allowed to peep!
- Children will be invited to come in to make a purchase during the school day. Younger children are helped by older children.
- Members of FOPPs will be on hand to help wrap and label presents so children are able to take home a secretly bought gift to put under the tree ready for Christmas day.
- Children should bring money to school on the day if you would like them to take part in this activity. Gifts are usually priced at 50p - £3 with most being in the £1 - £2 range.
- All proceeds to FOPPS Friends of Preston Primary School (charity registration number 1047225), although we don't really see this as a fundraiser, rather an opportunity for the children to experience the joy of giving at Christmas.



FOPPS (friends of Preston Primary School) raffle, and refreshments







Available at each nativity performance, please support if you can.













In Science, we have been using the internet to research animals which are invertebrates.

We have also played some vertebrate and invertebrate sorting activities on



the laptops.











In Music, we have been developing our glockenspiel skills.



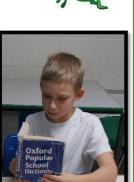








In English, we explored how to use the first few letters of a word to find the spelling of it in a dictionary.



We have also been learning how to use a dictionary to find out the meaning of



words.







In History, we wrote down some questions about what we wanted to know about the Roman army.

At the end of the lesson, we went back to try to answer some of our own questions based on what we had learnt.













Menu 2023/24

Fresh Ideas Feeding Minds

Julunn / Winte

We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and sourced from East Anglian suppliers.

> We use wholewheat flour in _ our bread and pastry recipes!

In addition to this menu, we offer a number of themed menus to celebrate holidays and seasonal events please check details with your school. A full allergen list for this menu can be found on our website <u>www.norsecatering.co.uk</u>

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

> If you think your child/children may be eligible for free school meals visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.

	Week						
	One	Monday	Tuesday	Wednesday	Thursday	Friday	
Ì	Option 1	Margherita Pizza with Tomato Pasta (v)	Breaded Chicken Wrap with Potato Wedges and a Dip	Roast Chicken with Stuffing and Roast Potatoes	Beef Burrito Bake with Steamed Rice	Breaded Fish Fingers	
	Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Plant Balls with Tomato Sauce and Pasta (Ve)	Vegemince Cottage Pie (v)	Loaded Tomato and Bean Bake (v)	Garden Vegetable Goujons (v)	
	Served with	Mixed Salad	Peas and Sweetcorn	Carrots, Cabbage and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans	
	Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese	
	And for Pudding	Mixed Berry Mousse	Cocoa Sponge with Cocoa Sauce	Shortbread with Apple Wedges	Fresh Fruit Selection	Lemon Drizzle Cake	
	Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Mixed Berry Mousse	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Cocoa Cupcake	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Apple Wedges and Shortbread	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Fruit Yogurt	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Lemon Drizzle Cake	
		Week One:	30 Oct 20 Nov 3	11 Dec 8 Jan 29 Ja	an 26 Feb 18 Ma	r	

	Week						
	Two	Monday	Tuesday	Wednesday	Thursday	Friday	
C	Option 1	Margherita Pizza with Potato Wedges (v)	Chipolata Sausages	Chicken Pie with Mashed Potato	Chicken and Pesto Pasta	Breaded Fish Fingers	
	Option 2	Tex Mex Chilli with Steamed Rice (v)	Plant-Powered Sausages (Ve)	Cheese and Potato Pie (v)	BBQ Quorn Loaded Wedges (v)	Baked Vegetable Burger (v)	
	Served with	Sweetcorn	Hash Browns and Baked Beans	Green Beans, Carrots and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans	
	Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese	
	And for Pudding	Cocoa Krispie Cake	Fresh Fruit Selection	Fruit Jelly	Oaty Apple Crunch	Iced Sprinkle Cake	
	Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Krispie Cake	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Fruit Yogurt	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Jelly	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Apple Wedges and Flapjack	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Iced Sprinkle Cake	

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita Pizza with Pesto Pasta (v)	Chicken Curry with Steamed Rice	Roast Beef with Yorkshire Pudding	Pork and Carrot Meatballs with Tomato Sauce and Pasta	Breaded Fish Fingers or Salmon Fingers
Sweet and Sour Quorn with Noodles (v)	Cheesy Pasta (v)	Plant Sausages with Yorkshire Pudding (v)	Quorn Fajita Wrap with Steamed Rice (v)	Cheese and Potato Pastry Pinwheel (v)
Mixed Salad	Mixed Vegetables	Mashed Potato, Peas, Carrots and Gravy	Sweetcorn	Chips and Peas or Baked Beans
o Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
ing Cocoa Cupcake	Vanilla Ice Cream	Fresh Fruit Selection	Autumn Apple Cake with Custard	Flapjack with Orange Wedges
	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Ice Cream Tub	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Yogurt	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Autumn Apple Cupcake	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Orange Wedges and Flapjack
	Margherita Pizza with Pesto Pasta (v) Sweet and Sour Quorn with Noodles (v) Mixed Salad Jacket Potato with Baked Beans ing Cocoa Cupcake Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion	Margherita Pizza with Pesto Pasta (v)Chicken Curry with Steamed RiceSweet and Sour Quorn with Noodles (v)Cheesy Pasta (v)Mixed SaladMixed VegetablesMixed Jacket Potato with Baked BeansJacket Potato with Tuna MayoCocoa CupcakeVanilla Ice CreamCheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa CupcakeCheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and	Margherita Pizza with Pesto Pasta (v)Chicken Curry with Steamed RiceRoast Beef with Yorkshire PuddingSweet and Sour Quorn with Noodles (v)Cheesy Pasta (v)Plant Sausages with Yorkshire Pudding (v)MMixed SaladMixed VegetablesMashed Potato, Peas, Carrots and GravytoJacket Potato with Baked BeansJacket Potato with Tuna MayoJacket Potato with CheesetoCocoa CupcakeVanilla Ice CreamFresh Fruit SelectionchCheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Goroa CuprakeCheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and and Ernit YoerurtTuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Ernit Yoerurt	Margherita Pizza with Pesto Pasta (v)Chicken Curry with Steamed RiceRoast Beef with Yorkshire PuddingPork and Carrot Meatballs with Tomato Sauce and PastaSweet and Sour Quorn with Noodles (v)Cheesy Pasta (v)Plant Sausages with Yorkshire Pudding (v)Quorn Fajita Wrap with Steamed Rice (v)Mixed SaladMixed VegetablesMashed Potato, Peas, Carrots and GravySweetcornJacket Potato with Baked BeansJacket Potato with Tuna MayoJacket PotatoJacket Potato with Cheese and BeansIngCocoa CupcakeVanilla Ice CreamFresh Fruit SelectionAutumn Apple Cake with CustardCheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and and Gorca CuprotionCheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion andTuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Portion and Fruit Portion and Fruit Portion andCheese Straw, Fruit Portion and Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and



