



PRESTON BULLETIN

'Living Life to the Full'



Friday 8 December 2023

Dear Parents/Carers,

This week at Preston, we have been treated to two fantastic performances of 'The Little Fir Tree' from Ladybird and Bumblebee Classes. The children sang, danced and acted beautifully; I am sure there were lots of proud adults in the hall! Seeing the children on the stage, it's very hard to remember that our Reception children have only been in school for a matter of weeks! A huge thank you to all those involved with the performance: pupils, parents and staff. Also, a huge thanks to FOPPS for supporting the event. Next week, we look forward to the Saxlingham Squirrels' performance of 'Hey Ewe!'.

At Saxlingham, the school visited the church for a Christingle Service, which was extremely well attended by parents. It was a very special occasion.

Also this week, members of the Governing Board visited us to find out about how we are teaching pupils about Social, Emotional and Mental Health. Discussions with Mental Health Lead, Senior Leaders and the Preston School Council also explored what the two schools are doing to support pupils to promote positive mental health for themselves and others.

As we move into the final days of the term, please keep checking diary dates as there are still a lot of events to cram in before we break up for Christmas.

Wishing you a restful weekend.



Yours sincerely,

Matt Walker
Executive Headteacher



PRESTON CE VC PRIMARY SCHOOL
Henry Preston Road, Tasburgh, NR15 1NU
Tel: 01508 470454
Email: officepreston@tasvalley.org.uk

SAXLINGHAM NETHERGATE CE VC PRIMARY SCHOOL
Church Hill, Saxlingham Nethergate,
NR15 1TD
Tel: 01508 499271
Email: officesaxlingham@tasvalley.org.uk

Executive Headteacher: Mr M Walker
Email:
head@tasvalley.org.uk





RECEIVED A CERTIFICATE FOR THEIR TTRS ROCK STATUS

lottie - Y2

Summer - Y3

Toby - Y5

Ollie - Y3

Seb - Y3

Neave - Y3

Charlie - Y6

Skyla - Y6

MOST TIME SPENT PRACTISING

Bobby - Y2

Clemency - Y2

Max - Y3

Seb - Y3

Ella - Y4

Freya - Y4

Charlie - Y6

Aiden S - Y5

Ewan - Y5

Skyla - Y6



Living Life to the Full



All the children in Ladybirds and Bumblebees for performing so well in the play!

Ladybirds: **Emmanuel** for working really hard to learn all his tricky words.

Bumblebees: **Pascal** for confident map skills when using Google Maps.

Grasshoppers: **Ollie** for fantastic attitude to learning all week!

Caterpillars: **Ella** for showing great kindness to others.

Dragonflies: **Ella** for her all round improvement in her swimming skills.

Ethan for his outstanding attitude towards learning in Maths this week.

BEHAVIOUR FOR LEARNING

'demonstrating a fantastic attitude to learning and school life'

Ladybirds: **Rafaella**

Bumblebees: **Hazel**

Grasshoppers: **Max**

Caterpillars: **Aiden B.**

Dragonflies: **Locran**



When parking within the vicinity of the school, please be considerate of our neighbours and of other road-users.

Please park safely and legally without causing obstruction to driveways of neighbouring properties. The Highway Code states that you must not park opposite or within 10 metres of a junction. This is to allow drivers emerging from, or turning into, the junction a clear view of the road they are joining. It also allows them to see hazards such as pedestrians or cyclists at the junction.

DIARY DATES



Friday 8th December:

Santa Dash and Christmas Jumper Day
(Donations in aid of Save the Children).
Santa's Secret Stall
(FOPPS)



Children will need a change of shoes/wellies. They are welcome to wear a Christmassy jumper and hat for the Santa Dash.

Donations are welcome via our JustGiving page:

<https://www.justgiving.com/page/tasvalleyfederation-christmasjumper2023>

Wednesday 13th December: Christmas Lunch

SUGAR APPEAL

We are collecting bags of sugar for the 'Sugar for Shelters' appeal (part of the Buckingham Emergency Food Appeal). Please bring in any donations by Monday 11th December.



Christmas Lunch

Christmas Lunch Menu

Roast Chicken with a Cocktail Sausage

Or

Quorn Fillet with a Vegetarian Sausage (v)

served with Yorkshire Pudding,
Stuffing, Roast Potatoes,
Peas, Carrots and Gravy

Decorated Chocolate Yule Log



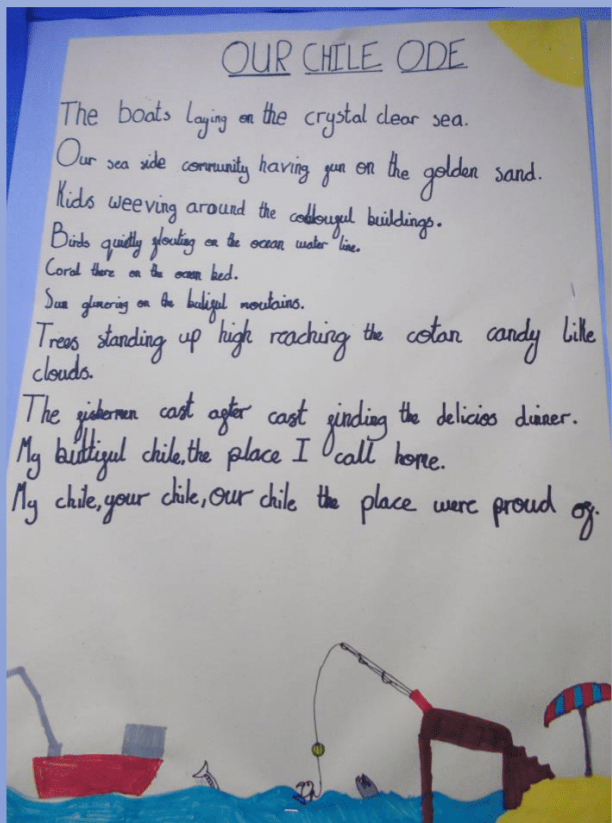


Dragonfly Class News

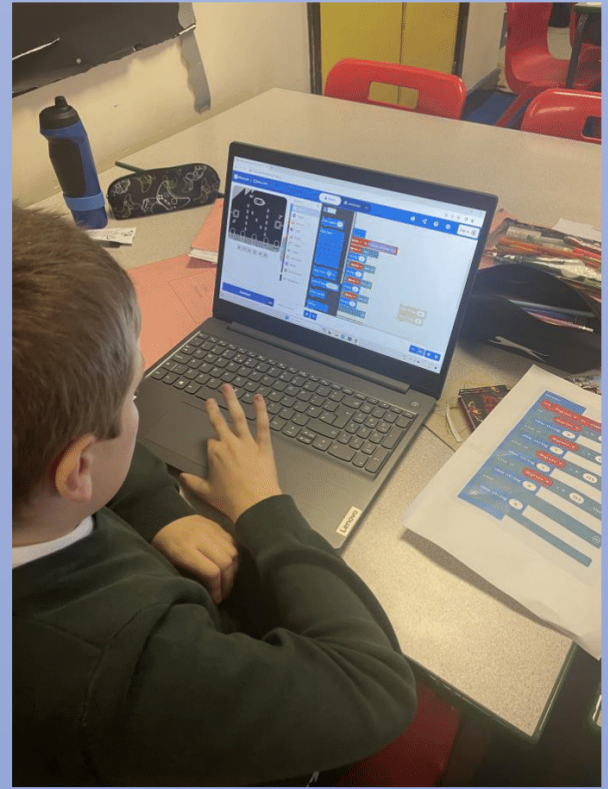


In Dragonflies, we have been looking at 'Ride the Wind' by Nicola Davies. We learnt that our story, where Javier has saved an albatross, is set in a coastal Chilean town. With this understanding, we had a look at some coastal towns in Chile and thought of some key words and phrases that we could use to describe them.

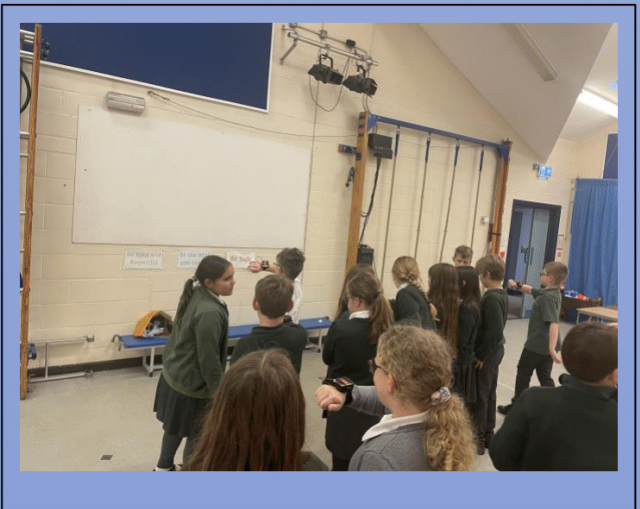
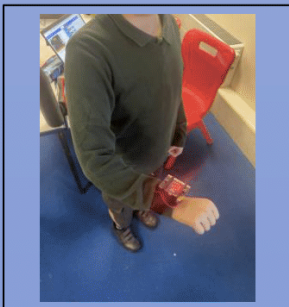
We used these words and phrases to write an ode towards Javier's hometown. Firstly, we looked at what an ode is and then worked collaboratively to make one.



In D&T, we have been using Micro:bits to create compasses. We had to programme our devices to show the direction we were facing. To begin, we only programmed them to show north, east, south and west. However, we decided to challenge ourselves by turning them into 8-point compasses.



We tested the success of our compasses by touring the school grounds. We were able to see that all of our compasses worked!





norse
CATERING



Fresh Ideas Feeding Minds

Autumn / Winter

Menu 2023/24

We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for free school meals visit


www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.




Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Tomato Pasta (v)	Breaded Chicken Wrap with Potato Wedges and a Dip	Roast Chicken with Stuffing and Roast Potatoes	Beef Burrito Bake with Steamed Rice	Breaded Fish Fingers
Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	 Plant Balls with Tomato Sauce and Pasta (Ve)	Vegemince Cottage Pie (v)	Loaded Tomato and Bean Bake (v)	Garden Vegetable Goujons (v)
Served with	Mixed Salad	Peas and Sweetcorn	Carrots, Cabbage and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Mixed Berry Mousse	Cocoa Sponge with Cocoa Sauce	Shortbread with Apple Wedges	Fresh Fruit Selection	Lemon Drizzle Cake
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Mixed Berry Mousse	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Cocoa Cupcake	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Apple Wedges and Shortbread	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Fruit Yogurt	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Lemon Drizzle Cake

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Potato Wedges (v)	Chipolata Sausages	Chicken Pie with Mashed Potato	Chicken and Pesto Pasta	Breaded Fish Fingers
Option 2	Tex Mex Chilli with Steamed Rice (v)	 Plant-Powered Sausages (Ve)	Cheese and Potato Pie (v)	BBQ Quorn Loaded Wedges (v)	Baked Vegetable Burger (v)
Served with	Sweetcorn	Hash Browns and Baked Beans	Green Beans, Carrots and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Cocoa Krispie Cake	Fresh Fruit Selection	Fruit Jelly	Oaty Apple Crunch	Iced Sprinkle Cake
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Krispie Cake	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Fruit Yogurt	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Jelly	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Apple Wedges and Flapjack	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Iced Sprinkle Cake

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Pesto Pasta (v)	Chicken Curry with Steamed Rice	Roast Beef with Yorkshire Pudding	Pork and Carrot Meatballs with Tomato Sauce and Pasta	Breaded Fish Fingers or Salmon Fingers
Option 2	Sweet and Sour Quorn with Noodles (v)	Cheesy Pasta (v)	Plant Sausages with Yorkshire Pudding (v)	Quorn Fajita Wrap with Steamed Rice (v)	Cheese and Potato Pastry Pinwheel (v)
Served with	Mixed Salad	Mixed Vegetables	Mashed Potato, Peas, Carrots and Gravy	Sweetcorn	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Cocoa Cupcake	Vanilla Ice Cream	Fresh Fruit Selection	Autumn Apple Cake with Custard	Flapjack with Orange Wedges
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Cupcake	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Ice Cream Tub	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Yogurt	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Autumn Apple Cupcake	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Orange Wedges and Flapjack

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar