



PRESTON BULLETIN

'Living Life to the Full'



Friday 12 January 2024

Dear Parents/Carers,

The first full week of term has flown by. A number of children have been sent by their teachers to show me some fantastic classwork or homework, or else for displaying a positive attitude and excellent example to their peers. When this happens, I intend to send a 'Good Job e-Postcard' home to parents/carers.

All parents/carers should now have received a class letter for the term ahead as well as a Homework Menu. This information is also on the website for you to access.

I would also like to remind you that key policies are also available on the website :

<https://tasvalley.org.uk/tas-valley-federation-policies/>

There is also some key information about our Safeguarding Policy and procedures:

<https://tasvalley.org.uk/safeguarding/>

In addition, there is information about our provision for children with Special Educational Needs:

<https://tasvalley.org.uk/prestonprimary/special-educational-needs-disabilities/>

<https://tasvalley.org.uk/saxlinghamprimary/special-educational-needs-and-disabilities/>

Please contact me if you require any further information.

Yours sincerely,

Matt Walker
Executive Headteacher

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Executive Headteacher: Mr M Walker
Email:
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Living Life to the Full



- Ladybirds: **Isaac** for remembering new vocabulary and applying it to his learning.
- Bumblebees: **Zoe** and **Lottie** for their excellent storytelling based on our new Power of Reading Text.
- Grasshoppers: **Meredith** for superb contributions to RE this week.
- Caterpillars: **Lily-Rose** for reading her playscript with enthusiasm.
- Dragonflies: **Jay** for his improved attitude towards writing tasks this week.

BEHAVIOUR FOR LEARNING

'demonstrating a fantastic attitude to learning and school life'

Ladybirds: **Isabelle**

Bumblebees: **Todd**

Grasshoppers: **Fynn**

Caterpillars: **Chloe**

Dragonflies: **Edith**



As we start 2024, please continue to show consideration for our neighbours, pedestrians and other road users when driving in the vicinity of the school.

Please park safely and legally without causing obstruction to driveways of neighbouring properties. The Highway Code states that you must not park opposite or within 10 metres of a junction. This is to allow drivers emerging from, or turning into, the junction a clear view of the road they are joining. It also allows them to see hazards such as pedestrians or cyclists at the junction.



RECEIVED A CERTIFICATE FOR THEIR TTRS ROCK STATUS

Ollie – Y3

MOST IMPROVED

Zoe – Y2

Isabelle – Y3

Ewan – Y5

Eliana – Y2

Ethan – Y4

Evie-Mae – Y3

Amira – Y4

Natalie – Y5

MESSAGE FROM CHILDREN'S COMMISSIONER OF ENGLAND

I hope everyone at Preston Church of England Voluntary Controlled Primary School has enjoyed the much-needed Christmas break. I just wanted to offer my final thanks for your support with my national campaign 'The Big Ambition' which will be **closing on Friday 19th January**.

I have been overwhelmed by the response the survey has received. Over 300,000 children, young people, parents and carers have participated, making it one of the largest surveys of its kind!

This is the final push to hear from even more children before the survey closes, it is so important that every child in England has an opportunity to tell policy makers what they want and need ahead of the General Election.

By sharing my survey with your pupils and parents or carers, you can make sure that the children and young people of Norfolk are fairly represented in the results.

Children and parents or carers can complete the survey here:

www.childrenscommissioner.gov.uk/thebigambition

I am so very grateful for your support, and I am beyond excited to share the findings.

Very best,

Dame Rachel De Souza
Children's Commissioner for England

WANTED

Any unwanted balls of wool—any colours—wanted for crafts.

Please bring to the school office.



FIDGET TOYS

Some pupils used fidget toys as part of their I-Plan. If you feel that your child requires one of these aides, then please speak with the class teacher. We respectfully ask you NOT to send them into school in any other circumstances.


NORWICH

Phil

NORWICH PHILHARMONIC
ORCHESTRA AND CHORUS
SEASON 2023/24

SATURDAY
10 FEBRUARY
2024

2.30 & 4.30pm
THE KING'S
CENTRE
NORWICH



The Phil's Children's Concert

*A fun and informal concert for
young children and their families*

Norwich Philharmonic Orchestra
Matthew Andrews conductor
Bernard Hughes narrator

Composer Bernard Hughes narrates James Mayhew's
funny children's book *The Knight Who Took All Day*
and introduces heroic music by Tchaikovsky, Rossini, Grieg
and others, plus the theme to *How To Train Your Dragon*.

With 2 performances of about an hour each, children can sit on the floor or on bean bags
close to the musicians and have a go on some of the instruments during the interval!

Suggested age range 5–11 but older children will enjoy it too

© James Mayhew

TICKETS **£12** (£5 children/students/under 26)

ONLINE www.ticketsource.co.uk/norwichphil

PHONE **0333 666 3366** (Mon–Fri 9am–5pm)

INFO www.norwichphil.org.uk



www.facebook.com/NorwichPhil



[@norwich_phil](https://twitter.com/norwich_phil)



REG. CHARITY NO. 264425

Tuesdays 6.10pm - 7.00pm at The Garage

Book your place here: <https://www.thegarage.org.uk/classes/>



Norfolk
COUNTY YOUTH
CHOIR

FREE

Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.

This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.

The Choir is free to attend but booking is required.

Caterpillar Class



Living Life to the Full

Project: Creation

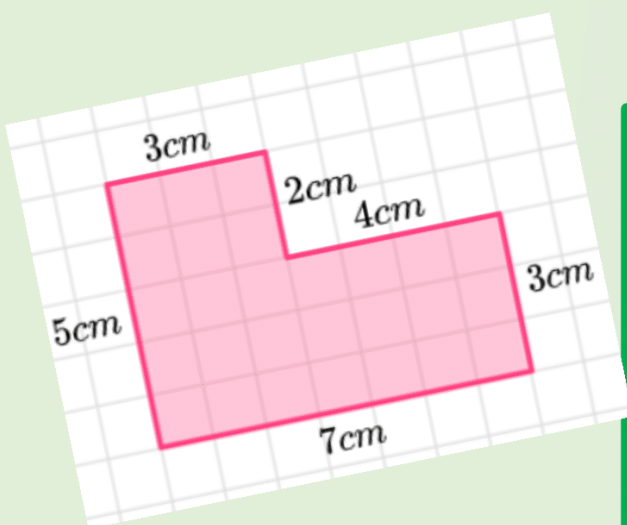
HAPPY NEW YEAR! The class all created their own flap book based upon the digits in 2024 which are proudly displayed in the classroom.

2 – Two things they achieved last year.

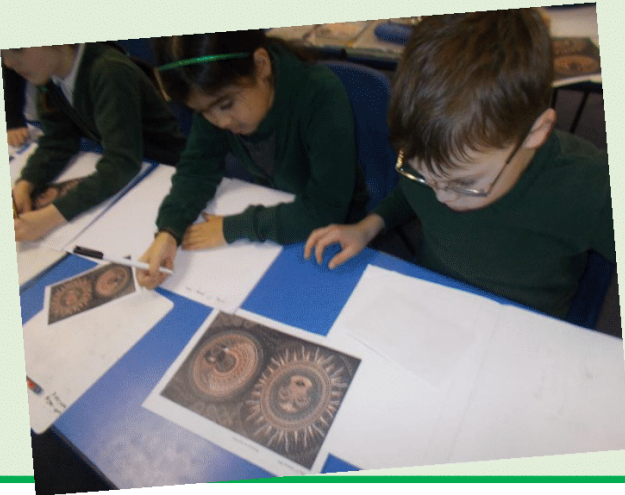
0 – Something they will try and stop doing this year.

2 – The names of two people they want to get to know better.

4 – Four things they hope to achieve this year!



In **maths** we have started looking at shape and measure. This week we have been focusing on measuring perimeter, converting measure from mm to cm and will go on to look at how to calculate area.



In **English** we have started our new text!

We looked closely at the first few illustrations and then created our own illustrations focusing on key vocabulary.

We have been revising the features of playscripts. To do this, we acted out scenes in teams, then used this practise to help us create our own scripts based around our class book 'How the Stars Came to Be'. We thought about the conversation that the father and daughter might have as he prepared to leave and face a dangerous situation. We made sure we used stage directions and adverbs in our scripts, and tried to show the personality of the two characters through what they said to one another.



In **RE** we researched scientific beliefs about the creation of the universe. We represented different things that have been created in our world.

AFTER-SCHOOL WARRIORS WANTED



CLASSES IN LONG STRATTON AREA
ON MONDAYS, TUESDAYS & THURSDAYS



BOOK TODAY!

kuksoolwon-gillingwater.org

Every Day

Counts



Missed minutes



missed learning



missed opportunities

Guidance for Parents / Carers

Good attendance at school is one of the most important factors in ensuring that children and young people have the best opportunities in adult life.



justnenorfolk.nhs.uk/attendance



Norfolk
County Council

Space Explorers

**Thursday 18th
January 2024**

**'Moon Crater' Pizza
Homemade Pepperoni Pizza**

Or

**'Planetary' Pizza (v)
Homemade Cheese, Tomato and Pepper Pizza**

**served with 'Space' Chips,
'Rocket Fuel' Baked Beans and
'Satellite' Cucumber Slices**

'Asteroid' Krispie Cake



norse
CATERING



Fresh Ideas Feeding Minds

Autumn / Winter

Menu 2023/24

We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for free school meals visit

www.gov.uk/apply-free-school-meals



www.norsecatering.co.uk


Please note the menu may be subject to change to meet local needs.

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Tomato Pasta (v)	Breaded Chicken Wrap with Potato Wedges and a Dip	Roast Chicken with Stuffing and Roast Potatoes	Beef Burrito Bake with Steamed Rice	Breaded Fish Fingers
Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	 Plant Balls with Tomato Sauce and Pasta (Ve)	Vegemince Cottage Pie (v)	Loaded Tomato and Bean Bake (v)	Garden Vegetable Goujons (v)
Served with	Mixed Salad	Peas and Sweetcorn	Carrots, Cabbage and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Mixed Berry Mousse	Cocoa Sponge with Cocoa Sauce	Shortbread with Apple Wedges	Fresh Fruit Selection	Lemon Drizzle Cake
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Mixed Berry Mousse	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Cocoa Cupcake	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Apple Wedges and Shortbread	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Fruit Yogurt	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Lemon Drizzle Cake

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Potato Wedges (v)	Chipolata Sausages	Chicken Pie with Mashed Potato	Chicken and Pesto Pasta	Breaded Fish Fingers
Option 2	Tex Mex Chilli with Steamed Rice (v)	 Plant-Powered Sausages (Ve)	Cheese and Potato Pie (v)	BBQ Quorn Loaded Wedges (v)	Baked Vegetable Burger (v)
Served with	Sweetcorn	Hash Browns and Baked Beans	Green Beans, Carrots and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Cocoa Krispie Cake	Fresh Fruit Selection	Fruit Jelly	Oaty Apple Crunch	Iced Sprinkle Cake
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Krispie Cake	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Fruit Yogurt	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Jelly	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Apple Wedges and Flapjack	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Iced Sprinkle Cake

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Pesto Pasta (v)	Chicken Curry with Steamed Rice	Roast Beef with Yorkshire Pudding	Pork and Carrot Meatballs with Tomato Sauce and Pasta	Breaded Fish Fingers or Salmon Fingers
Option 2	Sweet and Sour Quorn with Noodles (v)	Cheesy Pasta (v)	Plant Sausages with Yorkshire Pudding (v)	Quorn Fajita Wrap with Steamed Rice (v)	Cheese and Potato Pastry Pinwheel (v)
Served with	Mixed Salad	Mixed Vegetables	Mashed Potato, Peas, Carrots and Gravy	Sweetcorn	Chips and Peas or Baked Beans
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese
And for Pudding	Cocoa Cupcake	Vanilla Ice Cream	Fresh Fruit Selection	Autumn Apple Cake with Custard	Flapjack with Orange Wedges
Packed Lunch Option	Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Cupcake	Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Ice Cream Tub	Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Yogurt	Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Autumn Apple Cupcake	Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Orange Wedges and Flapjack

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar