



PRESTON BULLETIN

'Living Life to the Full'



Friday 1 March 2024

Dear Parents/Carers,

I hope that you had a restful half term break. The children have returned to school with enthusiasm and it has been great to see them getting back into the rhythm of learning!

Over the half term break, we have been able to make use of the DfE Energy Efficiency Grant to install new LED lighting in both our schools. This week, we have all been impressed by the difference this has made to the learning environments; the impact is most noticeable in areas of the schools which have limited natural light, such as the corridors. I would like to say a huge thank you to Mr Wood, who has put in an awful lot of work at both sites in organising and overseeing the work. Not only will the brighter learning environments be better for our health, but we are also told that the new lighting will substantially reduce our electricity bills!

We are currently making the final arrangements for our Year 5/6 residential trip to Bawdsey Manor. Miss Dignum and I have visited Bawdsey this week and we feel certain that the children are going to have a fantastic experience! Please do not hesitate to contact me if you have any questions or concerns.

Thank you to all the parents/carers who completed the parent questionnaire before half term. We look forward to sharing the results with you in the coming weeks.

You may be aware that there is a governmental drive to increase the availability of wraparound childcare before and after school. To gauge current interest and demand within our schools, we have opened two short optional questionnaires to explore this issue (one for each school). The closing date will be Friday 5th March 2024. If you would like to complete the questionnaire, please use the following link:

Preston Parents: <https://forms.gle/2NqGw15DC8Jkcd1j6>

Have a fantastic weekend:

Yours sincerely,

Matt Walker

Executive Headteacher

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Executive Headteacher: Mr M Walker

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Living Life to the Full



Ladybirds: **Lola** for her super writing about a special time with her family.

Bumblebees: **Ivy** for her enthusiasm in Maths.

Grasshoppers: **Max** for his confidence and enthusiasm towards performing during a role play activity during our RSHE lesson.

Caterpillars: **Freya** for showing great enthusiasm across the curriculum

Dragonflies: **Cian** for pushing himself to contribute in all lessons this week

BEHAVIOUR FOR LEARNING

'demonstrating a fantastic attitude to learning and school life'

Ladybirds: **Isaac**

Bumblebees: **Bobby**

Grasshoppers: **Neave**

Caterpillars: **George**

Dragonflies: **Ethan**



RECEIVED A CERTIFICATE FOR THEIR TTRS ROCK STATUS

Patricia – Y5

MOST IMPROVED

Todd – Y2

lottie – Y2

Meredith – Y3

Aston – Y3

Charlotte – Y3

Bethany – Y4

Joshua – Y5

Toby – Y5

Rachel – Y6

INFORMATION ABOUT SPRING CELEBRATION—GRASSHOPPERS

Tickets

A limited number of tickets are available for families to come and watch the performance, although parents should be made aware that most seats for parents are in the side aisles and at the rear of the cathedral, so they are unlikely to get a good view of their own children (the children themselves will be sitting and singing in the centre). Tickets are free, and a maximum of two per child can be booked using the following link: <https://www.ticketsource.co.uk/norwich-cathedral/norfolk-music-hub-spring-celebration/e-xglrlz>

The booking password for the event is **springcelebration**.

Please note that no food or drink is permitted inside the Cathedral, either for participating children or audience members. Cathedral Stewards will be on duty to check tickets. Parents and supporters are kindly asked not to arrive before 4.30pm.

The performance will also be livestreamed via this link for families and schools to view live, and for up to a month after the performance: <https://youtube.com/live/97bjnG4Sig4?feature=share>.

DIARY DATES

| | |
|----------------------|--|
| Thursday 7th March | World Book Day—Dress as a Book Character |
| Friday 15th March | FOPPS Family Bingo, 6.15pm |
| Wednesday 13th March | Grasshoppers to Norwich Cathedral |
| Wednesday 20th March | Year 5/6 to Bawdsey Manor |
| Friday 22nd March | Year 5/6 to return home from Bawdsey Manor |
| Thursday 28th March | INSET Day |

World Book Day

Thursday 7th March

We would like to invite the children into school dressed as their favourite book character on Thursday 7th March.



We will also be running a wooden spoon character competition. Can you create a famous book character on a wooden spoon?



Please bring your wooden spoons into school on World Book Day. These will then be displayed in our new school library after the event.



The children will bring their world book day vouchers home on this day.

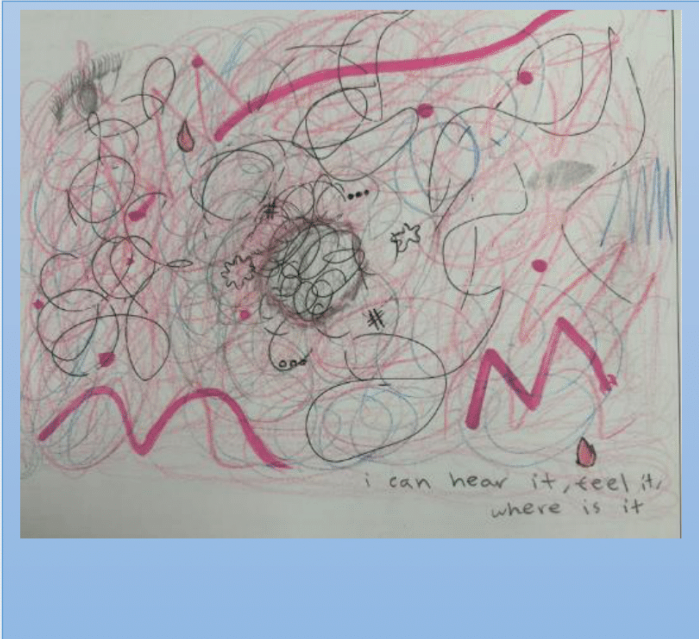
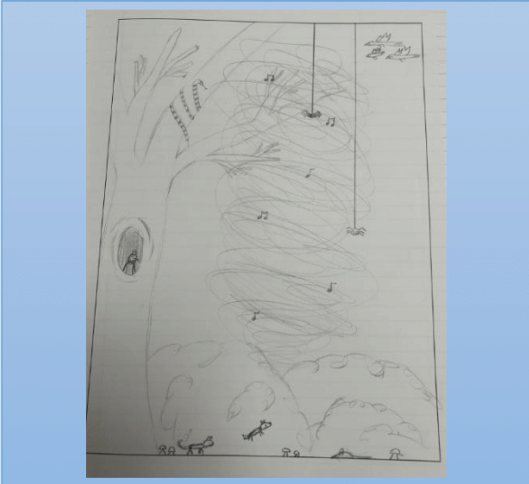
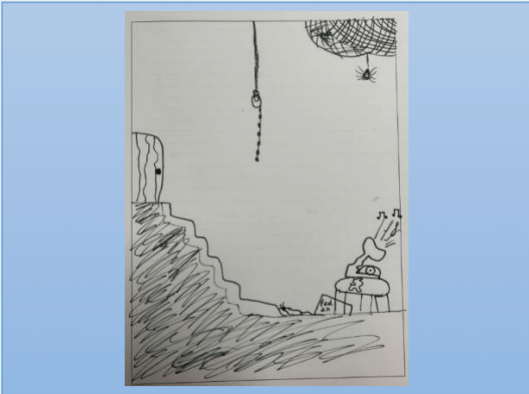


Dragonfly Class News

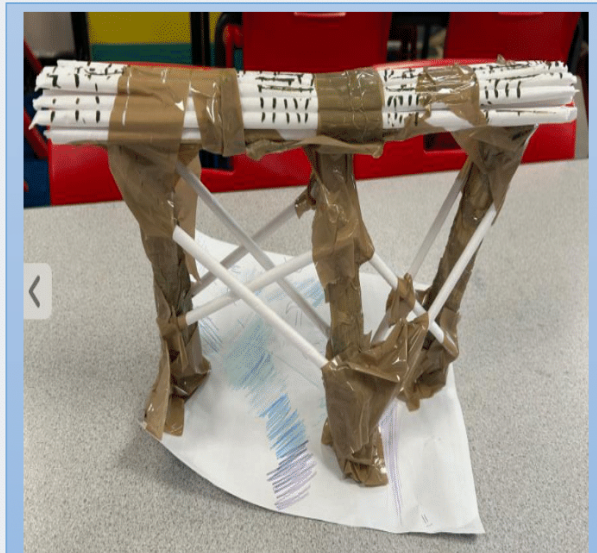
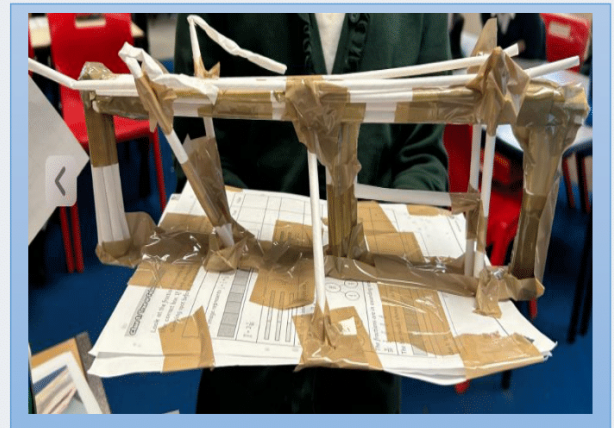


We have started looking at our new class story: *The Song from Somewhere Else*.

So far, we have met the two main characters, Frank and Nick. Frank is searching for a mysterious song. Listening carefully to the language in the book, we have been visualising what the song may look like.



In D&T, we have started our new unit on 'Bridges'. We have looked at the design of beam and arch bridges so far. Working in groups, we had to think carefully about how to build the strongest bridge possible. Most of our bridges held quite a lot of weight! Over the next few weeks, we will look at different bridge designs and try to create the strongest one possible!



FREEDOM CAFÉ

is doing

WORLD BOOK DAY

Sunday 3rd March,
Tasburgh Village Hall

10.30 to 12 noon

WE'RE CHURCH DONE DIFFERENTLY!

WE'RE RELAXED AND INFORMAL, COME AND ENJOY GREAT COFFEE AND BACON BUTTIES WITH US AND EXPLORE THE CHRISTIAN FAITH. (other breakfast options available!)

Craft and activities for all ages and abilities,
craft not your thing come and read the Sunday news papers. Feel lonely?
Why not come along and enjoy the chance to have a natter!

Number
Day
2024

Thank you for all your donations.

Across the Federation, we raised a total of £132.



Easter Egg Bingo
Friday 15 March
doors open 6pm, eyes down 6.15pm

Booking essential

Email friendsofprestonprimary@gmail.com

for more info and to book.



Registered charity Number 1047225



norse
CATERING



Fresh Ideas Feeding Minds

Autumn / Winter

Menu 2023/24

We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for free school meals visit


www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.




Week One

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|--|--|---|--|--|
| Option 1 | Margherita Pizza with Tomato Pasta (v) | Breaded Chicken Wrap with Potato Wedges and a Dip | Roast Chicken with Stuffing and Roast Potatoes | Beef Burrito Bake with Steamed Rice | Breaded Fish Fingers |
| Option 2 | Sweet Potato and Lentil Curry with Steamed Rice (v) |  Plant Balls with Tomato Sauce and Pasta (Ve) | Vegemince Cottage Pie (v) | Loaded Tomato and Bean Bake (v) | Garden Vegetable Goujons (v) |
| Served with | Mixed Salad | Peas and Sweetcorn | Carrots, Cabbage and Gravy | Mixed Vegetables | Chips and Peas or Baked Beans |
| Jacket Potato | Jacket Potato with Baked Beans | Jacket Potato with Tuna Mayo | Jacket Potato with Cheese | Jacket Potato with Cheese and Beans | Jacket Potato with Cheese |
| And for Pudding | Mixed Berry Mousse | Cocoa Sponge with Cocoa Sauce | Shortbread with Apple Wedges | Fresh Fruit Selection | Lemon Drizzle Cake |
| Packed Lunch Option | Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Mixed Berry Mousse | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Cocoa Cupcake | Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Apple Wedges and Shortbread | Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Fruit Yogurt | Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Lemon Drizzle Cake |

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

Week Two

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|--|---|---|---|--|
| Option 1 | Margherita Pizza with Potato Wedges (v) | Chipolata Sausages | Chicken Pie with Mashed Potato | Chicken and Pesto Pasta | Breaded Fish Fingers |
| Option 2 | Tex Mex Chilli with Steamed Rice (v) |  Plant-Powered Sausages (Ve) | Cheese and Potato Pie (v) | BBQ Quorn Loaded Wedges (v) | Baked Vegetable Burger (v) |
| Served with | Sweetcorn | Hash Browns and Baked Beans | Green Beans, Carrots and Gravy | Mixed Vegetables | Chips and Peas or Baked Beans |
| Jacket Potato | Jacket Potato with Baked Beans | Jacket Potato with Tuna Mayo | Jacket Potato with Cheese | Jacket Potato with Cheese and Beans | Jacket Potato with Cheese |
| And for Pudding | Cocoa Krispie Cake | Fresh Fruit Selection | Fruit Jelly | Oaty Apple Crunch | Iced Sprinkle Cake |
| Packed Lunch Option | Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Krispie Cake | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Fruit Yogurt | Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Jelly | Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Apple Wedges and Flapjack | Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Iced Sprinkle Cake |

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Week Three

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|---|---|--|--|--|
| Option 1 | Margherita Pizza with Pesto Pasta (v) | Chicken Curry with Steamed Rice | Roast Beef with Yorkshire Pudding | Pork and Carrot Meatballs with Tomato Sauce and Pasta | Breaded Fish Fingers or Salmon Fingers |
| Option 2 | Sweet and Sour Quorn with Noodles (v) | Cheesy Pasta (v) | Plant Sausages with Yorkshire Pudding (v) | Quorn Fajita Wrap with Steamed Rice (v) | Cheese and Potato Pastry Pinwheel (v) |
| Served with | Mixed Salad | Mixed Vegetables | Mashed Potato, Peas, Carrots and Gravy | Sweetcorn | Chips and Peas or Baked Beans |
| Jacket Potato | Jacket Potato with Baked Beans | Jacket Potato with Tuna Mayo | Jacket Potato with Cheese | Jacket Potato with Cheese and Beans | Jacket Potato with Cheese |
| And for Pudding | Cocoa Cupcake | Vanilla Ice Cream | Fresh Fruit Selection | Autumn Apple Cake with Custard | Flapjack with Orange Wedges |
| Packed Lunch Option | Cheese or Ham Sandwich, Carrot Sticks, Sultanas, Fruit Portion and Cocoa Cupcake | Cheese and Tomato Pasta Pot, Cucumber Sticks, Pizza Finger, Fruit Portion and Ice Cream Tub | Tuna Mayo or Cheese Wrap, Carrot Sticks, Sultanas, Fruit Portion and Fruit Yogurt | Cheese or Ham Sandwich, Cucumber Sticks, Cheese Straw, Fruit Portion and Autumn Apple Cupcake | Vegetable Goujons or Cheese Wrap, Carrot Sticks, Sultanas, Orange Wedges and Flapjack |

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar