PRESTON BULLETIN

'Living Life to the Full'

Friday 12th September 2025

Dear Parents and Carers,

I hope that your children have settled happily into their new classes after their first week back at school. Both schools has been calm and purposeful as the children have launched more fully into our curriculum and begun exploring our new project theme: **'Belonging'**.

By the end of this week, we hope that all families will have received a **Class Curriculum Letter** and **Homework Menu**. These documents are designed to help you support your child's learning at home and provide insight into what they'll be exploring in class. Full curriculum information—including these letters and menus—will also be available on our **school website**.

Learning Highlights This Week

- **Goldfinch Class** had a special visit from **Ben Earle** of the Norfolk Museum Service. The children learned about common wildflowers and seeds, selected a site, dug a test patch, took soil samples, sowed seeds, and watered the plot. They then erected a protective barrier, which you may notice near the greenhouse at **Preston**. A big thank you to **Mrs Frost** for organising this visit!
- Our **Year 6 children at Preston** took part in an **emotional wellbeing workshop** led by the **Mental Health Support Team**. The session focused on mental health awareness and strategies for emotional resilience. A similar workshop will be offered to **Saxlingham's Year 6 pupils** in the coming weeks.

Looking Ahead

Please make note of the **diary dates** included in this bulletin. These will be added to over the coming weeks, so do keep an eye out for updates. **Parent/Teacher Meetings** are scheduled for **Tuesday 14th October** and **Thursday 16th October. H**owever, if you have any concerns or questions before then, please don't hesitate to speak to us. We are always here to support you and your child.

Yours sincerely,
Matt Walker
Executive Headteacher

PRESTON CE VC PRIMARY SCHOOL
Henry Preston Road, Tasburgh, NR15 1NU
Tel: 01508 470454
Email: officepreston@tasvalley.org.uk
Executive Headteacher: Mr M Walker
Email: head@tasvalley.org.uk

SAXLINGHAM NETHERGATE CE VC PRIMARY SCHOOL
Church Hill, Saxlingham Nethergate,
NR15 1TD
Tel: 01508 499271
Email: officesaxlingham@tasvalley.org.uk

TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE

Tas Valley Church Schools Federation

Thank you for parking responsibly and keeping everyone safe

Safe School Run Pledge for primary schools

Safe and considerate travelling behaviour, whether cycling, walking, wheeling, or driving to school, sets a standard for our children. They in turn copy our actions, shaping their own behaviour when travelling to school.

Thank you for setting a good example for our children and other parents/carers by parking responsibly and helping to encourage safe and considerate behaviours during the school run.

Living Life to the Full

Robins:	**Willow** for fantastic effort in phonics.
Goldfinches:	**Willow** for fully engaging in all learning activities this week
Skylarks:	**Logan** for working hard on his handwriting.
Swifts:	**Freya** for making a fantastic start to Year 6 and setting a wonderful example to all.

VALUES

Demonstrating responsibility and thankfulness

Robins:	**Harvey**
Goldfinches:	**Isabelle**
Skylarks:	**Ollie**
Swifts:	**Megan**

DIARY DATES AUTUMN 1

Thursday 25th September:	Open Day 9.30-11.30am
Friday 26th September:	FOPPS AGM, 3.30pm in Goldfinch Class
Tuesday 30th September:	Kingfishers, Skylarks and Goldfinches to Time and Tide Museum and Burgh Castle
Tuesday 7th October:	Toddler Stay and Play 1.30-3pm at Preston
Tuesday 14th October	Parent/Teacher Appointments
Thursday 16th October:	Parent/Teacher Appointments

ANNUAL GENERAL MEETING (AGM)

EVERYONE IS WELCOME

FRIDAY 26TH SEPTEMBER

STRAIGHT AFTER SCHOOL
GOLDFINCHES CLASS, PRESTON PRIMARY SCHOOL

COME ALONG FOR A FRIENDLY CHAT OVER TEA, COFFEE AND BISCUITS.

FIND OUT ABOUT WHAT FOPPS DO, OUR EXCITING PLANS FOR THE YEAR AHEAD AND HOW YOU COULD GET INVOLVED.

EMAIL FRIENDSOFPRESTONPRIMARY@GMAIL.COM FOR FURTHER INFORMATION

TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE

tasvalley.org.uk
Preston: 01508 470454
Saxlingham: 01508 499271

TAS VALLEY FEDERATION

TODDLER STAY AND PLAY

Is your child of pre-school age?

Come and join us for a completely free afternoon of play and story time.

Make new friends. Join in the fun!

BOOKING DETAILS

To book your spot, please email:

officepreston@tasvalley.org.uk

with your child's name and the number of people attending.

To find out more about what we offer as a federation, please scan here!

SESSION INFORMATION

Tuesday 7th October 2025

1.30pm - 3.00pm

Preston Primary School
Henry Preston Road
Tasburgh
NR15INU

Preston CEVC Primary School
Tasburgh

OPEN DAYS

Thursday 25th September 9:30-11:30
Tuesday 11th November 5:30pm - 7:30pm
Wednesday 12th November 9:30-11:30

Whether you are considering a place for Reception or an in-year transfer, we would love to meet you and show you around.

Henry Preston Road, Tasburgh
Norwich NR15 1NU
01508 470454

www.tasvalley.org.uk/prestonprimary

officepreston@tasvalley.org.uk

"Living Life to the Full"

THANK YOU

A big thank you to Wickes who have supplied us through their 'Community Programme' with various different paints, top soil, DIY tools and other outdoor resources. These products have supported us in enriching the Robins learning environment.

SUMMER FETE

SUNDAY 14th SEPTEMBER 2025

12pm - 3.30pm

Loads of stalls, BBQ, cakes and refreshments and Tasburgh Sports & Social Club bar will be open.

Live Entertainment.

FILM STAR THEMED FANCY DRESS COMPETITION

Organised by Tasburgh Village Hall Management Committee

DONATE A CAKE, SUPPORT OUR SCHOOL

FoPPS will be at Tasburgh Village Fete with a refreshment stall on...

SUNDAY 14TH SEPTEMBER

..But we need YOUR help!

Please bake and donate any cakes, sweet treats or bakes for us to sell on our stall.

Kindly either drop donations at school Friday at 3:15 in an airtight container or bring along on the day!

All proceeds go towards supporting Preston Primary School

Managing Children's Behaviour

Date: **11th of November 2025**

Time: **9am-10:30am**

Location: **Preston Primary School**

An introductory workshop for parents to understand children's behaviour and learn strategies to support this.

More information:

ccs.mhstsouthnorfolk2@nhs.net

https://www.justonenorfolk.nhs.uk/our-services/mhst/

Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's services.

Scan the QR Code for more information

NORWICH CATHEDRAL

September 2025

Dear teachers and parents,

'BE A CHORISTER' DAY AT NORWICH CATHEDRAL
Saturday 4th October, 10.30am – 4.00pm

On Saturday 4th October, we will be holding our annual 'Be a Chorister' day, in partnership with Norwich School. This is a fun day of singing, music-making and games for boys and girls of primary school age. No prior singing experience is necessary and there is no cost to participate.

The programme for the day is:

10.30am	Arrival and registration ▪ Singing session for children with Rebecca Duckworth, Chorister vocal coach ▪ Presentation for parents who would like to find out more about choirs at Norwich Cathedral ▪ Drama & games for children at Norwich School ▪ Q&A for parents and coffee
Lunch	Provided for children at Norwich School
Afternoon	Singing for children with Ashley Grote, Organist & Master of Music at Norwich Cathedral and the Cathedral Choristers Optional tours of Norwich School for parents
3.30pm	Choral Evensong in Norwich Cathedral, sung by the participating children alongside the cathedral choristers
4.15pm	End

Throughout the day, children are supervised in small groups by staff from Norwich School and Norwich Cathedral: parents can drop their children off and are not required to stay with them.

To register for a place, please visit www.norwich-school.org.uk/open-events-and-visits

SINGING OPPORTUNITIES AT NORWICH CATHEDRAL

As well as inviting children to take part in 'Be a Chorister' day, I'd like to draw your attention to the opportunities available for children to sing at Norwich Cathedral:

Norwich Cathedral Children's Choir

Norwich Cathedral Children's Choir meets each Saturday morning during term time, 9.30am – 10.15am for boys and girls in years 2 to 6.

There is no charge to join and no audition: it is simply a group for children who enjoy singing! It is a great opportunity to sing with other children and take part in events at the cathedral and elsewhere throughout the year. If you are interested in this, please do get in touch with Mrs Jo Dembicki: choir@cathedral.org.uk. New members are welcome at any time; all that we ask is that the children make it a regular commitment once they join.

Norwich Cathedral Choir – CHORISTER SCHOLARSHIPS

Norwich Cathedral Choir is widely regarded as one of the finest Cathedral Choirs in the country and being a cathedral chorister offers unrivalled musical and educational opportunities for boys and girls. Choristers all attend Norwich School. They receive a scholarship worth 30% of the school fees. Means-tested bursaries are available for families in need of further financial support, up to 100% of the fees.

We currently have vacancies for 2 choristers (boys or girls) who are now in school year 5 or 6: enquiries are welcome and successful candidates could start at any time.

On Saturday 22 November we will be holding auditions for boys and girls who would like to join the Cathedral Choir in September 2026 or 2027.

At audition, we ask children to sing a piece of their own choosing, with piano accompaniment. This can be a hymn, nursery rhyme, song they know from school, or even a Christmas carol: it should be anything that they enjoy singing with confidence and they are not judged on what it is. We will ask them to do some simple vocal exercises and pitching tests in a fun and informal way. If children are learning instruments, they are encouraged to bring them along too.

Enquiries about the Cathedral Choir are welcome any time and I am always happy to meet children and parents informally. To register for an audition, or to find out more, please email our Choir Administrator Mrs Jo Dembicki choir@cathedral.org.uk or telephone 01603 218306.

I hope that your children will be inspired to join us on 4th October, and perhaps even to join one of our choirs – please do get in touch!

Yours sincerely,

Ashley Grote
Organist & Master of Music, Norwich Cathedral
masterofmusic@cathedral.org.uk
t: 01603 218306

LEGENDS
SPORTS COACHING

OCT 2025 SESSIONS TIMETABLE

MONDAY 27TH
OCT, 2025

WYMONDHAM FOOTBALL CAMP

9AM-3PM

KETTS PARK, WYMONDHAM, NR18 0WP

TUESDAY 28TH
OCT, 2025

1-TO-1 SESSIONS AVAILABLE

SLOTS BETWEEN 9AM AND 4PM

KETTS PARK, WYMONDHAM, NR18 0WP

WEDNESDAY 29TH
OCT, 2025

WYMONDHAM SHOTTING FUN 10-12AM

1-TO-1 SESSIONS 1-4PM

KETTS PARK, WYMONDHAM, NR18 0WP

FRIDAY 31ST
OCT, 2025

1-TO-1 SESSIONS AVAILABLE

SLOTS BETWEEN 9AM AND 4PM

CRINGLEFORD REC, OAKFIELDS RD, CRINGLFORD NR4 6XF

For more info : Email us at:
Legends.coaching24@gmail.com

To book visit our website using the QR Code:

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Sweet and Sour Chicken with Noodles	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Sausage Pastry Pinwheel with Potato Wedges	Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Lentil Roast with Roast Potatoes and Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons with Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Peas or Baked Beans
And for Pudding	Vanilla Cupcake	Beetroot Brownie	Flapjack with Orange Wedges	Fruit Jelly	Shortbread Biscuit
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Vanilla Cupcake	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Beetroot Brownie	Cheese and Tomato Pasta Pot, Salad Sticks, Orange Wedges, Flapjack	Cheese and Tomato Pasta Pot, Fruit Bread, Salad Sticks, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread Biscuit

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct — Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheesy Pasta (v)	BBQ Chicken with Steamed Rice	Roast Chicken with Stuffing, Mashed Potato and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet and Sour Plant Balls with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Vegemince Cottage Pie (v)	Plant Sausages in Tomato Sauce with Potato Wedges (v)	Vegetarian Enchilada and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Peas or Baked Beans
And for Pudding	Orange Cupcake	Oaty Cookie	Toffee Cream Shortcake	Summer Berry and Apple Slice	Cocoa Shortbread with a Melon Wedge
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Orange Cupcake	Ham or Cheese Sandwich, Sultanas, Salad Sticks, Oaty Cookie	Cheese and Tomato Pasta Pot, Salad Sticks, Fruit Portion, Toffee Cream Shortcake	Cheese and Tomato Pasta Pot, Fruit Bread, Fruit Portion, Summer Berry and Apple Slice	Ham or Cheese Sandwich, Salad Sticks, Melon Wedge, Cocoa Shortbread

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct — Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Potato Wedges (v)	Lasagne (Pork and Lentil) with Garlic Bread	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Breaded Chicken, Lettuce and Mayo in a Wrap with Steamed Rice	Fish Fingers and Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake with Garlic Bread (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Tomato and Courgette Frittata with Potato Wedges (v)	Cheese and Potato Pastry Pinwheel and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Peas and Sweetcorn	Mixed Salad	Cabbage and Carrots	Crunchy Salad Sticks	Peas or Baked Beans
And for Pudding	Blueberry Cupcake	Vanilla Ice Cream	Carrot Cake	Cocoa Oatcake with Orange Wedges	Vanilla Crunch Bar with Apple Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Blueberry Cupcake	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Vanilla Ice Cream	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Carrot Cake	Cheese and Tomato Pasta Pot, Fruit Bread, Orange Wedges, Cocoa Oatcake	Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Vanilla Crunch Bar

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct — Fresh Fruit Available Daily

norse group