PRESTON BULLETIN

'Living Life to the Full'

Friday 17th October 2025

Dear Parents and Carers,

It has been a very productive half term with lots of fantastic achievements for children across the Tas Valley Federation. A huge congratulations to all the children for their hard work and accomplishments. Whether in the classroom, or out in the community, the children have represented our Federation brilliantly.

South Norfolk Cross Country Championships

On Wednesday, 48 children from across the Federation took part in the South Norfolk Cross Country Championships at Langley School. It was a fantastic event, and we are proud to share that 6 of our runners achieved top 10 finishes! Well done to everyone who anticipated – your determination and team spirit were inspiring.

Thank You to Parents/Carers

Thank you to those who attended our Norse School Dinners tasting session yesterday, we hope that you all enjoyed the tasty food on offer. Also, thank you to those who attended our Cauliflower Cards sessions this week. We hope you enjoyed creating some Christmassy designs with the children and please remember to bring the forms back into school on Monday 3rd November.

Thank you for your continued support and partnership and we hope that you all enjoy a well-deserved rest over the half term break!

Yours sincerely,

Matt Walker

PRESTON CE VC PRIMARY SCHOOL
Henry Preston Road, Tasburgh, NR15 1NU
Tel: 01508 470454
Email: officepreston@tasvalley.org.uk
Executive Headteacher: Mr M Walker
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SAXLINGHAM NETHERGATE CE VC PRIMARY SCHOOL
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TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE

Tas Valley Church Schools Federation

Living Life to the Full

Robins:	**Oscar** for enthusiasm in Phonics.
Goldfinches:	**Ashleigh-Anne** for her fantastic focus and perseverance in all lessons,
Skylarks:	**Todd** for working hard on his story writing.
Swifts:	**Damian** for working hard to be the best he can be in Maths this week

VALUES

Demonstrating responsibility and thankfulness

Robins:	**Remy**
Goldfinches:	**Erin**
Skylarks:	**Eliana**
Swifts:	**April**

SOUTH NORFOLK CROSS COUNTRY CHAMPIONSHIPS

48 children from across the Federation competed at the South Norfolk Cross Country at Langley School. We are very proud of the whole team!

The following performed exceptionally well with top-10 finishing positions: Robyn (1st) and Seth (1st) from Saxlingham; Erin (4th), Sophia (5th), Ben (2nd) and Aston (6th) from Preston.

Thank you to Mrs Newson and Miss Walker for taking the children.

Preston CEVC Primary School
Tasburgh

OPEN DAYS

Tuesday 11th November 5:30pm - 7:30pm
Wednesday 12th November 9:30-11:30

Whether you are considering a place for Reception or an in-year transfer, we would love to meet you and show you around.

Henry Preston Road, Tasburgh
Norwich NR15 1NU
01508 470454

www.tasvalley.org.uk/prestonprimary

"Living Life to the Full"

officepreston@tasvalley.org.uk

Supporting Children's Anxiety

Date: Tuesday 28th October 2025
Time: 2pm
Location: online via Microsoft Teams

An introductory workshop for parents to understand children's anxiety and learn strategies to support this.

More information:

ccs.mhstsouthnorfolk2@nhs.net

https://www.justonenorfolk.nhs.uk/our-services/mhst/

Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's services.

Scan the QR Code for more information

TASBURGH SPORTS &
SOCIAL CLUB
PRESENTS

CHILDREN'S HALLOWEEN PARTY

FREE ENTRY

SUNDAY 26TH
OCTOBER
15.00-18.00

FANCY DRESS/
GAMES & PRIZES

Managing Children's Behaviour

Date: **11th of November 2025**

Time: **9am-10:30am**

Location: **Preston Primary School**

An introductory workshop for parents to understand children's behaviour and learn strategies to support this.

More information:

ccs.mhstsouthnorfolk2@nhs.net

https://www.justonenorfolk.nhs.uk/our-services/mhst/

Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's services.

Scan the QR Code for more information

PRESTON PRIMARY SCHOOL TASBURGH CHRISTMAS EVENT

STALL HOLDERS WANTED

FRIDAY 12TH DECEMBER

PRESTON PRIMARY SCHOOL WILL BE HOSTING A FESTIVE CHRISTMAS EVENT ON FRIDAY 12TH DECEMBER, AFTER SCHOOL, AND WE ARE INVITING LOCAL BUSINESSES, AS WELL AS CREATIVE ADULTS AND CHILDREN, TO TAKE PART BY HOSTING A STALL.

THIS IS A WONDERFUL OPPORTUNITY TO SHOWCASE HANDMADE CRAFTS, GIFTS OR FESTIVE GOODS TO OUR SCHOOL COMMUNITY.

IF YOU ARE INTERESTED IN HAVING A STALL OR WOULD LIKE MORE INFORMATION, PLEASE GET IN TOUCH.

WE WOULD LOVE TO HEAR FROM YOU AND LOOK FORWARD TO WELCOMING YOU TO THIS SPECIAL EVENT.

DIARY DATES AUTUMN 2

Monday 10th November	Odd Socks Day for Anti-Bullying Week
Friday 14th November	Children in Need—Non Uniform
Monday 17th November	FOPPS Non-Uniform Day for Santa's Secret Stall
Monday 24th November & Wednesday 26th November	Y5 Bikeability Group 1
Monday 1st December & Wednesday 3rd December	Y5 Bikeability Group 2
Friday 5th December	FOPPS Santa's Secret Stall
Friday 12th December	FOPPS Christmas Event ' Tinsel and Tunes'
Monday 15th December 2.15pm	Robin Class Nativity
Tuesday 16th December 9.30am	Robin Class Nativity
Wednesday 17th December	Christmas Dinner and Christmas Jumper Day

ART EXHIBITION & Photography Competition

Sat 8th Nov 10:30am-4pm & Sun 9th Nov 10:30am-3pm

Tasburgh Village Hall

Grove lane, NR15 1LR

Exhibits, cards and Crafts for sale

Special Memorial Exhibition of work by Ruth Walker

Amateur Photography Competition

Themes 'Nature', 'People', 'Landscape' & 'Architecture'

Refreshments incl. Home-made Cakes & Soups

Contact: Rebecca Orford 01508 471539 or ArtFestival@tasburghvillagehall.org.uk

Registered Charity no. 304085

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken in a Wrap with Steamed Rice and a Dip	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Spaghetti	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Spaghetti (v)	Homemade Bean Burger in a Wrap with Steamed Rice and a Dip (v)	Plant Sausages with Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Peas and Sweetcorn	Salad Sticks	Carrots and Cabbage	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Cocoa Mousse	Jam Sponge with Custard	Chewy Krispie Bar	Apple Crunch with Greek Yogurt	Cocoa Oatcake with Orange Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Mousse	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Jam Cupcake	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Chewy Krispie Bar	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Orange Wedges, Cocoa Oatcake

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes with Gravy	Sausage Pastry Pinwheel with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Salad Sticks	Peas and Sweetcorn	Carrots and Green Beans	Baked Beans	Peas or Baked Beans
And for Pudding	Cocoa Orange Cupcake	Shortbread with Apple Wedges	Oaty Cookie	Fruit Jelly	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Orange Cupcake	Ham or Cheese Sandwich, Pizza Finger, Apple Wedges, Shortbread	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Oaty Cookie	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheesy Pasta (v)	Pork Chilli Loaded Wedges	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Chinese-Style Chicken with Noodles	Breaded Fish Fingers and Chips
Hot Option 2	Plant Balls in Tomato Sauce with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Vegetarian Enchilada with Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Mixed Vegetables	Mixed Salad	Carrots and Peas	Sweetcorn and Broccoli	Peas or Baked Beans
And for Pudding	Flapjack and Apple Wedges	Cocoa Sponge with Cocoa Sauce	Peach Crunch with Greek Yogurt	Vanilla Ice Cream	Carrot Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Flapjack	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Cupcake	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Cheese and Tomato Pasta, Sultanas, Fruit Portion, Ice Cream	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Carrot Cake

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar— Fresh Fruit Available Daily

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