PRESTON BULLETIN

'Living Life to the Full'

Friday 14th November 2025

Dear Parents and Carers,

This week, our schools have been taking part in **Anti-Bullying Week**, including **Odd Socks Day**. These events are more than just fun—they remind us of the importance of kindness, respect, and celebrating individuality.

On Tuesday, we marked **Remembrance Day** with a moment of reflection and activities across both schools. Further into this bulletin, you'll find details of the learning that took place, helping pupils understand the significance of remembrance and the sacrifices made by others, including those within our local community.

Many of our Key Stage 1 pupils recently enjoyed a **multi-skills sports event**, where they were introduced to a range of new sports—including curling! The children threw themselves into every activity with great enthusiasm, showing teamwork and resilience throughout.

Please check the bulletin for details of **upcoming events**, especially as we approach the festive period. There are lots of exciting opportunities for pupils and families to get involved.

Yours sincerely,
Matt Walker
Executive Headteacher
Tas Valley Federation

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Executive Headteacher: Mr M Walker
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TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE
Tas Valley Church Schools Federation

Living Life to the Full

Robins:	**Ewan** for showing great perseverance in the multi-skills festival!
Goldfinches:	**Aiden** for his fantastic expression when taking part in drama this week.
Skylarks:	**Ivo** for a consistently positive attitude towards his learning.
Swifts:	**Chloe T.** for persevering with long division and answering questions accurately.

VALUES

Demonstrating responsibility and thankfulness

Robins:	**Oscar**
Goldfinches:	**Connor**
Skylarks:	**Seb**
Swifts:	**Alessandro**

YEAR 4 BIKEABILITY

We are delighted to offer our Year 4 pupils the opportunity to participate in Bikeability Training (Level 1). This cycle training course is designed to help children to develop the skills and confidence to ride safely on quiet roads.

This cycle training course is designed to teach children the basic skills and confidence to ride a bike safely. It is delivered in a traffic-free environment, such as a playground.

We are planning to run this training on Monday 12th January and Tuesday 13th January.

Participants will require their bicycle and helmet in school on the date of their course.

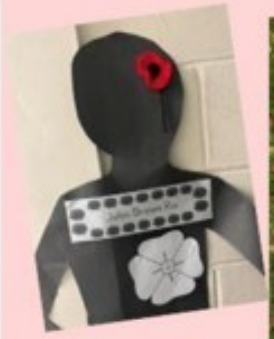
To secure your child's place, please scan the QR code:

Remembrance

As a school this week, we have taken the opportunity to find out some information about the soldiers named on our village war memorial.

In school, some of the Year 6 children have created soldiers around school and added a fact about each soldier every day.

During the remembrance service held at our labyrinth, the children shared prayers for the fallen, shared the names of the fallen Tasburgh soldiers and held two minutes of silence to reflect on our remembrance learning.



BY GOLLY, BE JOLLY

It's Christmas Card Time!

Vote for the village Christmas card

designed by the children

Come along to the church on Sunday 16th November, 2-4pm, winner announced 4.15pm

Crafts for the children, take home a Christmas tree decoration!

Drinks and yummy cakes available too!

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tasvalley.org.uk
Preston: 01508 470454
Saxlingham: 01508 499271

TAS VALLEY FEDERATION

TODDLER STAY AND PLAY

Is your child of pre-school age?

Come and join us for a completely free afternoon of play and story time.

Make new friends. Join in the fun!

BOOKING DETAILS

To book your spot, please email:
officesaxlingham@tasvalley.org.uk
with your child's name and the number of people attending.

To find out more about what we offer as a federation, please scan here!

SESSION INFORMATION

Wednesday 3rd December 2025
1.30pm - 3.00pm

Saxlingham Nethergate CEVC
Primary School
Church Hill
Saxlingham Nethergate
NR15 1TD

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DIARY DATES AUTUMN 2

Monday 17th November	FOPPS Non-Uniform Day for Santa's Secret Stall
Monday 24th November & Tuesday 25th November	Y5 Bikeability Group 1
Monday 1st December & Tuesday 2nd December	Y5 Bikeability Group 2
Friday 5th December	FOPPS Santa's Secret Stall
Tuesday 9th December	Carol Service led by Year 3 (at church), 2pm
Wednesday 10th December	Robins and Sparrows to Puppet Theatre
Friday 12th December	FOPPS Christmas Event ' Tinsel and Tunes' Santa Dash
Monday 15th December 2.15pm	Robin Class Nativity
Tuesday 16th December 9.30am	Robin Class Nativity
Wednesday 17th December	Christmas Dinner and Christmas Jumper Day

The Picnic Club

For children aged 4 to 11. Please bring a grown-up.

Bible stories, songs, crafts, games, quizzes.

Bring a yummy packed lunch. (no nuts please)

Tea, coffee, juice and biscuits provided.

Saturday 29th of November from 11:30am - 2pm

This event is free, but there are limited spaces, so please email saxlinghamchapel@gmail.com or scan the QR Code below to book your place.

Saxlingham Chapel, Browns Lane
Saxlingham Nethergate, NR15 1SX

NON-UNIFORM DAY!

MONDAY 17TH NOVEMBER

We're having a non-uniform day to help collect gifts for our FoPPS Secret Santa Event!

Children are invited to come to school in their favourite clothes in exchange for a gift donation.

Please bring along a gift donation suitable for a child to buy a loved one.

These donations will be used for our Secret Santa event, where children will have the chance to choose and wrap a special gift for an important person in their lives.

It's a wonderful experience that gives the children enormous pleasure and pride as they enjoy the joy of giving.

Please note: we kindly ask that no alcohol or items containing alcohol are sent in.

Thank you for helping to continue this festive school tradition!

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken in a Wrap with Steamed Rice and a Dip	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Spaghetti	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Spaghetti (v)	Homemade Bean Burger in a Wrap with Steamed Rice and a Dip (v)	Plant Sausages with Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Peas and Sweetcorn	Salad Sticks	Carrots and Cabbage	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Cocoa Mousse	Jam Sponge with Custard	Chewy Krispie Bar	Apple Crunch with Greek Yogurt	Cocoa Oatcake with Orange Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Mousse	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Jam Cupcake	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Chewy Krispie Bar	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Orange Wedges, Cocoa Oatcake

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes with Gravy	Sausage Pastry Pinwheel with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Salad Sticks	Peas and Sweetcorn	Carrots and Green Beans	Baked Beans	Peas or Baked Beans
And for Pudding	Cocoa Orange Cupcake	Shortbread with Apple Wedges	Oaty Cookie	Fruit Jelly	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Orange Cupcake	Ham or Cheese Sandwich, Pizza Finger, Apple Wedges, Shortbread	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Oaty Cookie	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheesy Pasta (v)	Pork Chilli Loaded Wedges	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Chinese-Style Chicken with Noodles	Breaded Fish Fingers and Chips
Hot Option 2	Plant Balls in Tomato Sauce with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Vegetarian Enchilada with Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Mixed Vegetables	Mixed Salad	Carrots and Peas	Sweetcorn and Broccoli	Peas or Baked Beans
And for Pudding	Flapjack and Apple Wedges	Cocoa Sponge with Cocoa Sauce	Peach Crunch with Greek Yogurt	Vanilla Ice Cream	Carrot Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Flapjack	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Cupcake	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Cheese and Tomato Pasta, Sultanas, Fruit Portion, Ice Cream	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Carrot Cake

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar— Fresh Fruit Available Daily

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