PRESTON BULLETIN

'Living Life to the Full'

Friday 13th February 2026

Dear Parents/Carers,

As we approach the end of this half term, I want to congratulate all our pupils for their hard work over the past few weeks. It has been a busy and productive term across the Federation, and everyone deserves a restful and refreshing break.

A reminder to all Year 5 and 6 parents and carers to complete the consent forms for the upcoming **Bawdsey Manor residential visit**. The main consent form is available as a Microsoft Form, and we ask that this is completed as soon as possible. The medication form is a paper copy, which must be completed and returned directly to the school office.

This week, children from **Goldfinch Class** and a mixed group from **Sparrow** and **Kingfisher Classes** had the wonderful opportunity to visit **Norwich Cathedral** to take part in the *Spring Awakening Concert*. Following an energetic rehearsal, the children performed beautifully for parents in the magnificent cathedral setting. Thank you to **Mrs Farley, Miss Collett, Mrs Singleton and Mrs Whitefoot** for accompanying and supporting the children

After the half-term break, we will be sharing more information about our new Management Information System, **Compass**. This new platform will support streamlined communication and access to key information for families. We will ensure all parents and carers receive the guidance they need to get started and make the most of the new system.

Wishing all our families a peaceful, enjoyable and well-deserved half-term break.

Matt Walker

Executive Headteacher
Tas Valley Federation

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TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE
Tas Valley Church Schools Federation

Living Life to the Full

Robins:	**Remy** for always working hard and being an excellent role model.
Goldfinches:	**Hazel** for singling so clearly and enthusiastically at the Spring Awakening Festival.
Skylarks:	**Arthur** for working very hard on his bird information text.
Swifts:	**Sophia** for writing a super description of a mysterious, magical world.

VALUES

Demonstrating friendship

Robins:	**Oscar**
Goldfinches:	**Arianna**
Skylarks:	**Lula**
Swifts:	**Alessandro**

CERTIFCATE WINNERS

Year 2: Remy

Year 3: Isaac

Year 4: Ivo

Year 5: Rose

Year 6: Oscar

diary

Thursday 5th March	World Book Day
Monday 9th March	British Science Week
Tuesday 17th March	Parent/Teacher Meetings
Thursday 19th March	Parent/Teacher Meetings
Wednesday 25th March	Y5/6 to Bawdsey
Friday 27th March	End of Term

Spring Awakening Festival

Goldfinches attended the Spring Awakening Festival at Norwich Cathedral on Wednesday 11th February. They perfomed a selection of songs with the theme of 'Creation' with several other schools, including our friends from Saxlingham. After practising for weeks, they performed with enthusiasm and confidence! Thank you to the parents who attended the show!

MESSAGE FROM THE STAFFROOM

Mrs Elliot, **Mrs Whitefoot** and **Mr Walker** are currently in training for running events taking place later this spring.

- **Mrs Elliot and Mrs Whitefoot** will be taking on the **Cambridge Half Marathon on Sunday 8th March**.
- **Mr Walker** is preparing for the **London Marathon on Sunday 26th April**.

All three are running in support of the **Teenage Cancer Trust**, a charity very close to their hearts. Below are links to their stories.

Mrs Elliot and Mrs Whitefoot's story

Mr Walker's story

We will share updates over the coming weeks and we know the whole Federation community will join us in wishing them the very best of luck.

AFTER-SCHOOL ART CLUB

TERM TIME WEDNESDAYS 3:15 – 5:30

I am offering after-school art provision for YR-Y6 children who attend Preston Primary School. The programme of activities will be designed to extend their skills in many areas of the art & design curriculum, with projects based around drawing, painting, printmaking, ceramics, sculpture, paper engineering and more...all whilst socializing and having fun!

Sessions will be every Wednesday from 3:15 and pick-up is between 5:15-5:30. The price for each child is £10 per week, which includes a drink and snack (food intolerances will be checked with the school office in advance). Payments are for half-termly blocks and are non-refundable, so please make sure it is something that your child/children would really enjoy.

Dates for the first block:

Wednesday 25th February

Wednesday 4th March

Wednesday 11th March

Wednesday 18th March

Wednesday 25th March

(5 sessions total £50 per child)

Each session will begin with socially interactive games (with a bit of art theory thrown in for good measure). Then we will settle down with snacks for a story which leads us into our art for the rest of the session. During each session, every child will be supported 1:1 or within small groups to work on a piece or artwork with me, whilst there is a choosing bay for others to explore their own creativity. Each half term, our young artists will bring home framed artwork, greeting cards or other beautifully crafted wares.

Many of you are already familiar with me as a regular supply teacher at the Tas Valley Federation. My university degree was in graphic design & illustration, before returning to train as a primary school teacher, leading art and design technology for over twenty years before becoming a supply teacher and freelance artist.

If your child has a keen interest in art and they would love to explore their creative side even further, please contact me for details.

Patricia Peers info.thepaintingparty@gmail.com

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken in a Wrap with Steamed Rice and a Dip	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Spaghetti	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Spaghetti (v)	Homemade Bean Burger in a Wrap with Steamed Rice and a Dip (v)	Plant Sausages with Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Peas and Sweetcorn	Salad Sticks	Carrots and Cabbage	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Cocoa Mousse	Jam Sponge with Custard	Chewy Krispie Bar	Apple Crunch with Greek Yogurt	Cocoa Oatcake with Orange Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Mousse	Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Jam Cupcake	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Chewy Krispie Bar	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Orange Wedges, Cocoa Oatcake

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes with Gravy	Sausage Pastry Pinwheel with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Salad Sticks	Peas and Sweetcorn	Carrots and Green Beans	Baked Beans	Peas or Baked Beans
And for Pudding	Cocoa Orange Cupcake	Shortbread with Apple Wedges	Oaty Cookie	Fruit Jelly	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Orange Cupcake	Ham or Cheese Sandwich, Pizza Finger, Apple Wedges, Shortbread	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Oaty Cookie	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar— Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheesy Pasta (v)	Pork Chilli Loaded Wedges	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Chinese-Style Chicken with Noodles	Breaded Fish Fingers and Chips
Hot Option 2	Plant Balls in Tomato Sauce with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Vegetarian Enchilada with Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Mixed Vegetables	Mixed Salad	Carrots and Peas	Sweetcorn and Broccoli	Peas or Baked Beans
And for Pudding	Flapjack and Apple Wedges	Cocoa Sponge with Cocoa Sauce	Peach Crunch with Greek Yogurt	Vanilla Ice Cream	Carrot Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Flapjack	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Cupcake	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Cheese and Tomato Pasta, Sultanas, Fruit Portion, Ice Cream	Ham or Cheese Sandwich, Salad Sticks, Sultanas, Carrot Cake

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar— Fresh Fruit Available Daily