PRESTON BULLETIN

'Living Life to the Full'

Friday 27th March 2026

Dear Parents/Carers,

What an action□packed week it has been at Tas Valley Federation! Our pupils have been out and about, learning new skills, embracing new adventures, and creating wonderful memories.

On Tuesday, *Kingfisher Class* joined Year 3 and Year 4 at Preston Primary for an engaging and informative Road Safety Roadshow which developed their awareness of how to travel safely and responsibly in the community. Meanwhile, our Year 6 pupils enjoyed a fantastic experience at Long Stratton High School, where they were treated to a lively performance of *Shrek Junior the Musical*. It was a wonderful opportunity for them to see theatre brought to life by older students.

From Wednesday to Friday, our Year 5 and Year 6 pupils headed off together for their long□awaited residential trip to Bawdsey Manor. The excitement certainly lived up to expectations! They threw themselves enthusiastically into a huge range of activities, including Buggy building, Frisbee golf, Assault course, Climbing, Zip line, Abseiling and The Big Swing! A huge thank you goes to the staff who accompanied them and made this fantastic experience possible: Miss Dignum, Mrs Winter, Mrs Knight, Mrs Newson, Miss Walker and Mrs Allgood.

This week we also say a heartfelt and fond farewell to Miss Dignum. She is setting off on an exciting adventure *'down under'*. Thank you, Miss Dignum, for your hard work, dedication, and commitment during your time with Tas Valley Federation. You have made a lasting impact on our school community, and we look forward to hearing all about your travels.

On behalf of everyone at Tas Valley Federation, we wish you all a very Happy easter, and we look forward to welcoming the children back to school on Tuesday 14th April 2026.

Yours sincerely,

Matt Walker
Executive Headteacher

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Executive Headteacher: Mr M Walker
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TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE
Tas Valley Church Schools Federation

Living

Life to the

Full

STAR OF THE TERM

Robins:	**Ewan** and **Orfhlaith**
Goldfinches:	**Max** and **Ashleigh**
Skylarks:	**Ollie** and **Edith**
Swifts:	**Violet** and **Freya**

The Tas Valley Team Ministry

invite you to

the **Farewell Service**
of
The Rev'd Austin Uzoigwe
at
St Mary's Church
Church Hill
Tasburgh
Norfolk
NR15 1ND
on
Sunday 29th March 2026 at **4.00pm**

Leaving Party will be held
at the Tasburgh Village Hall,
Grove Lane
Tasburgh
NR151LR

at 5.00pm until 7.00m

Please join us to celebrate

jacquigreen29@googlemail.com

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tasvalley.org.uk
Preston: 01508 470454
Saxlingham: 01508 499271

TAS VALLEY FEDERATION

TODDLER STAY AND PLAY

Is your child of pre-school age?

Come and join us for a completely free afternoon of play and story time.

Make new friends. Join in the fun!

BOOKING DETAILS

To book your spot, please email:

officesaxlingham@tasvalley.org.uk

with your child's name and the number of people attending.

To find out more about what we offer as a federation, please scan here!

SESSION INFORMATION

Wednesday 15th April 2026

1.30pm - 2.45pm

Saxlingham Nethergate CEVC School
Church Hill
NR15 ITD

Easter Story Time!

The ultimate egg-cellent race.

Tuesday 7th of April, 10.15am at Poringland Library.

A fun interactive story session with parachute songs suitable for ages 2-8 years.

@ Story Magic Norfolk

Supporting Children's Anxiety

Date: Monday 20th April 2026

Time: 1pm-2:30pm

Location: Online via Microsoft Teams

An introductory workshop for parents to understand children's anxiety and learn strategies to support this.

Please email ccs.mhstsouthnorfolk2@nhs.net to register your interest, so the teams link and additional resources can be sent to you.

More information:

https://www.justonenorfolk.nhs.uk/our-services/mhst/

Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's services.

Freedom Cafe

Going The Whole Hog? It's National Pig Day!

Sunday 1st March
Tasburgh Village Hall
10.30 to 12 noon

Come and have brunch with us, relax with a newspaper, talk piggies and explore a little of the Christian Faith.

For brunch we serve bacon butties, pastries & fruit all served with great coffee & juice, vegan option available too.

Craft, lego & activities for all ages and abilities.

Bought to you by a big hearted team from Tasburgh Church

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Chicken in Tomato Sauce with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork Bolognese with Pasta Twists	Chicken Fillet Bites and Chips
Hot Option 2	Chinese-Style Plant Balls with Steamed Rice (Ve)	Cheesy Pasta (v)	Cheese and Potato Pie with Gravy (v)	BBQ Loaded Bean Bake (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Mixed Salad	Peas and Sweetcorn	Carrots and Green Beans	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Summer Berry Cupcake	Vanilla Ice Cream	Beetroot Brownie with Orange Wedges	Fruit Jelly	Lemon Shortbread with a Melon Wedge
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Summer Berry Cupcake	Ham, Tuna or Cheese Sandwich, Pizza Finger, Sultanas, Vanilla Ice Cream	Cheese and Tomato Pasta, Salad Sticks, Orange Wedges, Beetroot Brownie	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham, Tuna or Cheese Sandwich, Salad Sticks, Melon Wedge, Lemon Shortbread

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Curry with Steamed Rice	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	BBQ Shredded Chicken in a Wrap with Potato Wedges	Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegetable Curry with Steamed Rice (Ve)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Vegetarian Enchilada with Potato Wedges (v)	Cheese and Potato Pastry Pinwheel and Chips (v)
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Sweetcorn	Mixed Vegetables	Carrots and Peas	Mixed Salad	Peas or Baked Beans
And for Pudding	Fresh Fruit Platter	Marble Shortbread	Summer Berry and Apple Slice with Greek Yogurt	Orange Cupcake	Apple Flapjack
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Portion	Ham, Tuna or Cheese Sandwich, Pizza Finger, Orange Wedges, Marble Shortbread	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Summer Berry and Apple Slice	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Orange Cupcake	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Apple Flapjack

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct — Fresh Fruit Available Daily

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pasta Bake (v)	Hot Dog with Potato Wedges and Tomato Dip	Roast Chicken with Stuffing, Mashed Potato and Gravy	"Build your Own" Chicken Taco with Steamed Rice	Fish Fingers and Chips
Hot Option 2	Tex Mex Chilli with Steamed Rice (Ve)	Plant Sausage Hot Dog with Potato Wedges and Tomato Dip (v)	Vegetable Pastry Plait with Mashed Potato and Gravy (v)	"Build your Own" Vegetarian Taco with Steamed Rice (v)	Cheese and Tomato Frittata and Chips (v)
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Peas and Sweetcorn	Mixed Salad	Broccoli and Carrots	Sweetcorn	Peas or Baked Beans
And for Pudding	Banana Muffin	Shortbread	Apple Crumble and Greek Yogurt	Oaty Cookie	Chewy Krispie Bar with Orange Wedges
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Banana Muffin	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread	Cheese and Tomato Pasta, Salad Sticks, Melon Wedge, Flapjack	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Oaty Cookie	Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Chewy Krispie Bar

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct — Fresh Fruit Available Daily

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