# PRESTON BULLETIN

*'Living Life to the Full'*

Friday 19th June 2026

Dear Parents/Carers,

It's been a sporty week across the Tas Valley Federation. First, it was the turn of the Tas Valley girls, a team made up of children from Saxlingham and Preston, who competed at the Norfolk County Finals at Manor Park, Horsford, on Tuesday. They finished in 4th place overall: what a fantastic achievement this is!

Last Friday, mixed teams from both schools competed in the South Norfolk Championship, with Saxlingham finishing 2nd and Preston finishing 5th overall. On Wednesday, Saxlingham were in action again at the County Finals.

We are so proud of all the children involved and we are very grateful to Mrs Newson for coordinating the teams.

Today is the first of our planned Sports Mornings at Saxlingham, with Preston's event due to take place on Tuesday 23rd June. Hopefully the weather will be fine on both dates. It is always lovely to welcome parents/carers to share the day with us, and we are very grateful to FOSS and FOPPS for all their fundraising efforts.

Thank you, as always, for your continued support. We look forward to another busy and enjoyable week ahead across the Federation.

Yours sincerely,

**Matt Walker**

**Executive Headteacher**

Tas Valley Federation

**PRESTON CE VC PRIMARY SCHOOL**
Henry Preston Road, Tasburgh, NR15 1NU
Tel: 01508 470454
Email: officepreston@tasvalley.org.uk

**SAXLINGHAM NETHERGATE CE VC PRIMARY SCHOOL**
Church Hill, Saxlingham Nethergate, NR15 1TD
Tel: 01508 499271
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Executive Headteacher: Mr M. Walker
head@tasvalley.org.uk

TOGETHER
WE CARE
WE LEARN
WE ACHIEVE
WE CELEBRATE
Tas Valley Church Schools Federation

# Living Life to the Full

| | |
|---|---|
| Robins: | **Arlo** for hard work across the curriculum. |
| Goldfinches: | **Sophia** for challenging herself to complete some really tricky maths questions. |
| Skylarks: | **Logan** for excellent effort with his story writing. |
| Swifts: | **Damian** for an excellent narrative writing. |

## VALUES

Demonstrating courage

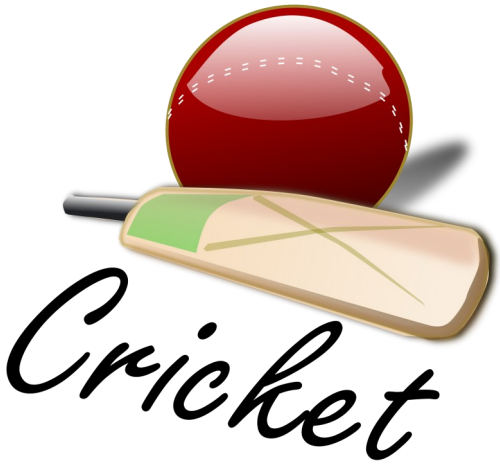
| | |
|---|---|
| Robins: | **Adriana** |
| Goldfinches: | **Jenson Bur.** |
| Skylarks: | **Mia** |
| Swifts: | **Lucy** |

**CERTIFCATE WINNERS**

**Erin**

## LEAVERS' PLAY

The Year 5 and Year 6 children are performing a version of **Rapunzel** for their Leavers' Play. For props, we are seeking some additional wigs. Please speak to Mrs Firman or Ms Hewitt if you have anything you could donate to us.




## CRICKET UPDATE

On Friday 12th June, both schools entered a mixed team of boys and girls at the South Norfolk Tournament. Saxlingham finished 2nd and qualified for the County Finals. Preston finished in a commendable 5th place.

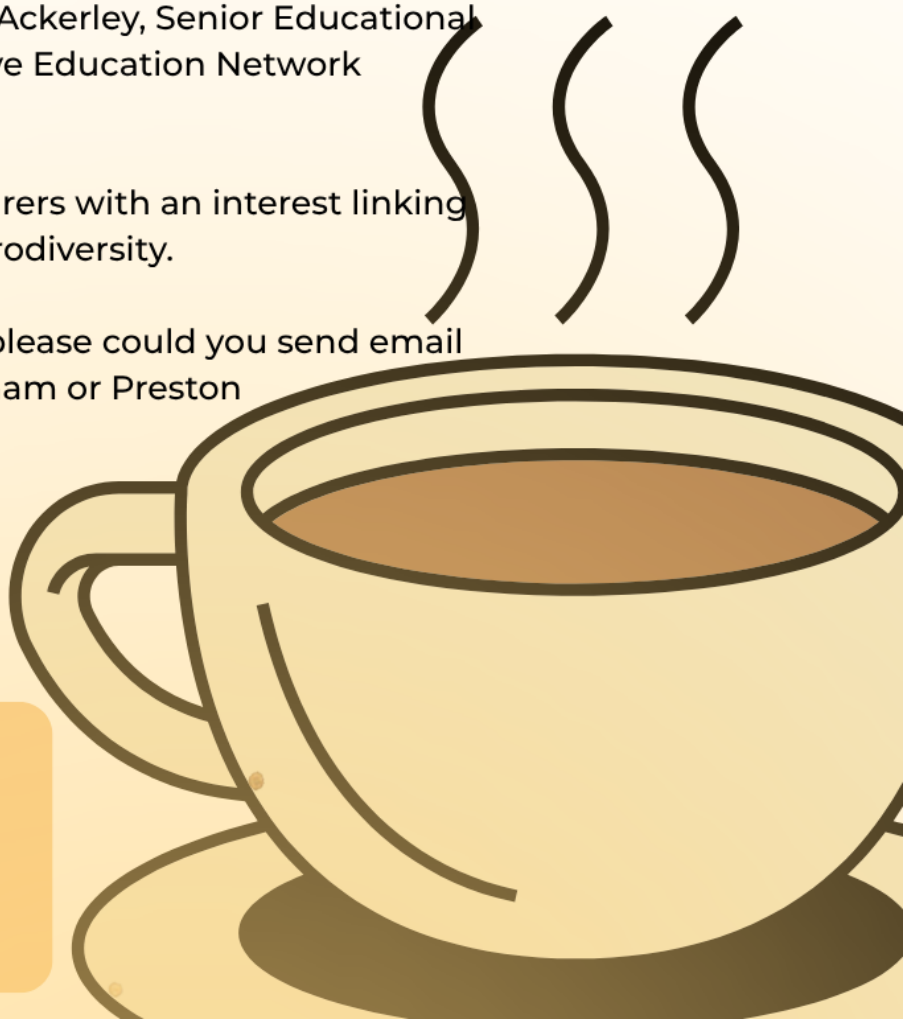
The girls went on to compete in the County Finals at Manor Park, Horsford on Tuesday 16th June. They finished 4th overall: an outstanding

# SEND COFFEE AFTERNOON

Our guest speaker is Dr Sue Ackerley, Senior Educational Psychologist & Neuroinclusive Education Network Lead Trainer for Schools.

This is open to all parents /carers with an interest linking to anxiety in children or neurodiversity.

If you are hoping to attend, please could you send email confirmation to the Saxlingham or Preston office by Monday 22nd June.



Wednesday
24th June
2-3pm @
Saxlingham Primary

**SCHOOL UNIFORM**

We are pleased to share that **uniform featuring the new Tasburgh Primary logo** is now available to order on the Brigade website: https://www.brigade.uk.com/parents/school/PR5310DS/

However, please note that there is **no expectation** for existing pupils to replace their current uniform and uniform with the previous *Preston* logo will **continue to be fully acceptable.**

Tas Valley Federation

# SUMMER WELLBEING FAIR

**Therapy dogs - Yoga sessions- Craft activities**

**9 TH July 2026**

**4-6pm**

**HOSTED AT PRESTON PRIMARY**

Come and join us for a mood boosting afternoon of relaxation!

Take part in a range of indoor and outdoor activities, and get support with advice from our experts, such as the Mental Health Support Team and the Early Help Hub.

Refreshments available

Please see Mrs Eliot or Ms McLaughlin for details

## diary

| | |
|---|---|
| Tuesday 23rd June | Sports Day |
| Wednesday 24th June | Y5 to LSHS—Taster Day |
| Thursday 25th June | Non-school uniform—bring a tombola prize |
| Friday 26th June | Year 5 & Year 6 to Kentwell |
| Monday 6th July | Robins to Time and Tide Museum |
| Tuesday 7th July | Transition Day |
| Thursday 9th July | Wellbeing Fair, 4-6pm |
| Friday 10th July | Reports out |
| Tuesday 14th July | Leavers' Show |
| Wednesday 15th July | Leavers' Show |
| Thursday 16th July | Year 6 to Crucial Crew |
| Friday 17th July | Leavers' Assembly |

# Non-Uniform Day!

## Thursday 25th June

We are asking for donations of non-perishable items towards hamper raffle prizes eg. biscuits, jam, sweets. (No Alcohol) Thank you!

# SAVE THE DATE

## Friday 3rd July

EXCITING SUMMER EVENT INCOMING!

After School
Preston Primary School

# FOPPs

# STORY EVENT

## WITH STORY MAGIC NORFOLK

## WEDNESDAY 1ST JULY

## 3.15-4.15PM

## IN THE SCHOOL HALL

## ALL AGES WELCOME!

**£3 PER CHILD**

Please bring comfy slippers, plimsolls or anti-slip socks to change into.

Snack and drink provided.

This session will be based on the 'Sun and the Wizard' story.

To register your child, please email with your child's name and class to: tasburghfriends@tasvalley.org.uk
Payment details will follow.

# The Picnic Club

**FREE EVENT**

**BIBLE STORIES, SONGS, CRAFTS, GAMES & QUIZZES**

**4 - 11 YEAR OLDS**

**BRING A PACKED LUNCH AND JOIN US**

## Saturday 27th of June
## 11:30am - 2pm

**Please email saxlinghamchapel@gmail.com**
**or scan the QR Code below to book your place.**
**Parents are welcome to stay or drop children off.**

Saxlingham Chapel, Browns Lane
Saxlingham Nethergate, NR15 1SX

## YOU ARE WARMLY INVITED TO OUR

family-friendly monthly service

# SUNDAY Space

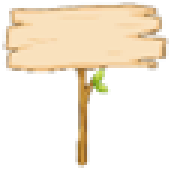
*held on the third Sunday of every month.*

We meet for brunch in the church room at St Mary's Church Newton Flotman from 10.30

The service starts at 11am for one hour

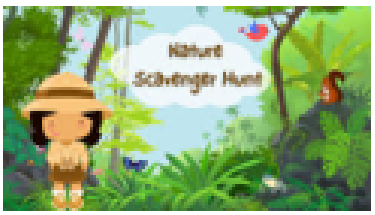
Our theme for June 21st is

## Explore!



We'll be outside in the churchyard with time to explore the prayer trail and a choice of activities including a nature scavenger hunt, sticker fun and painting.

***Come and have some free, fun, family time together!***



Join the fun at

# KIDS CAMP

Early bird savings available
Book by 23 June and save 10%!

## Returning for the summer holidays!

20 July to 2 September
(excluding weekends and Bank Holidays)

Sessions available at Wymondham Leisure Centre and Long Stratton Leisure Centre starting from just £22.50!

**Book now at southnorfolkleisure.co.uk**

Leisure
South Norfolk COUNCIL

## 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Hot Option 1 | Margherita Pizza with Potato Wedges (v) | Chicken in Tomato Sauce with Steamed Rice | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Pork Bolognese with Pasta Twists | Chicken Fillet Bites and Chips |
| Hot Option 2 | Chinese-Style Plant Balls with Steamed Rice (Ve) | Cheesy Pasta (v) | Cheese and Potato Pie with Gravy (v) | BBQ Loaded Bean Bake (v) | Garden Vegetable Goujons and Chips (v) |
| Jacket Potato | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna |
| Served with | Mixed Salad | Peas and Sweetcorn | Carrots and Green Beans | Mixed Vegetables | Peas or Baked Beans |
| And for Pudding | Summer Berry Cupcake | Vanilla Ice Cream | Beetroot Brownie with Orange Wedges | Fruit Jelly | Lemon Shortbread with a Melon Wedge |
| Packed Lunch | Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Summer Berry Cupcake | Ham, Tuna or Cheese Sandwich, Pizza Finger, Sultanas, Vanilla Ice Cream | Cheese and Tomato Pasta, Salad Sticks, Orange Wedges, Beetroot Brownie | Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly | Ham, Tuna or Cheese Sandwich, Salad Sticks, Melon Wedge, Lemon Shortbread |

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily

## 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Hot Option 1 | Margherita Pizza with Tomato Pasta (v) | Chicken Curry with Steamed Rice | Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy | BBQ Shredded Chicken in a Wrap with Potato Wedges | Fish Fingers or Salmon Fingers and Chips |
| Hot Option 2 | Vegetable Curry with Steamed Rice (Ve) | Cheese and Tomato Pasta Bake (v) | Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v) | Vegetarian Enchilada with Potato Wedges (v) | Cheese and Potato Pastry Pinwheel and Chips (v) |
| Jacket Potato | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna |
| Served with | Sweetcorn | Mixed Vegetables | Carrots and Peas | Mixed Salad | Peas or Baked Beans |
| And for Pudding | Fresh Fruit Platter | Marble Shortbread | Summer Berry and Apple Slice with Greek Yogurt | Orange Cupcake | Apple Flapjack |
| Packed Lunch | Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Portion | Ham, Tuna or Cheese Sandwich, Pizza Finger, Orange Wedges, Marble Shortbread | Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Summer Berry and Apple Slice | Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Orange Cupcake | Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Apple Flapjack |

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct — Fresh Fruit Available Daily

## 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Hot Option 1 | Cheese and Tomato Pasta Bake (v) | Hot Dog with Potato Wedges and Tomato Dip | Roast Chicken with Stuffing, Mashed Potato and Gravy | "Build your Own" Chicken Taco with Steamed Rice | Fish Fingers and Chips |
| Hot Option 2 | Tex Mex Chilli with Steamed Rice (Ve) | Plant Sausage Hot Dog with Potato Wedges and Tomato Dip (v) | Vegetable Pastry Plait with Mashed Potato and Gravy (v) | "Build your Own" Vegetarian Taco with Steamed Rice (v) | Cheese and Tomato Frittata and Chips (v) |
| Jacket Potato | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna |
| Served with | Peas and Sweetcorn | Mixed Salad | Broccoli and Carrots | Sweetcorn | Peas or Baked Beans |
| And for Pudding | Banana Muffin | Shortbread | Apple Crumble and Greek Yogurt | Oaty Cookie | Chewy Krispie Bar with Orange Wedges |
| Packed Lunch | Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Banana Muffin | Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread | Cheese and Tomato Pasta, Salad Sticks, Melon Wedge, Flapjack | Cheese and Tomato Pasta, Salad Sticks, Sultanas, Oaty Cookie | Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Chewy Krispie Bar |

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct — Fresh Fruit Available Daily